



MEALS on WHEELS
AMERICA

UNITED STATES
2016

TOGETHER, WE CAN DELIVER.™

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, but also save billions in tax dollars by keeping them out of more costly healthcare settings.



TOO MANY SENIORS ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.



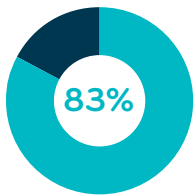
1 IN 6 seniors struggles with hunger

15.2 MILLION are isolated, living alone

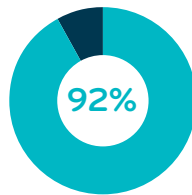
9.6 MILLION are threatened by hunger

18.4 MILLION are living in or near poverty

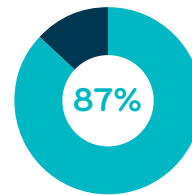
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.



say it improves
their health



say it enables
them to remain
living at home



say it makes
them feel more
safe and secure

SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE & MEDICAID COSTS.



Meals on Wheels decreases the rate of falls, which cost our nation **\$34 BILLION** each year.



1 YEAR

1 DAY

We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.



Investing in Meals on Wheels is a **WIN-WIN** for our families, our communities and our nation.

Visit www.mealsonwheelsamerica.org/takeaction to learn more about how you can help in your state and community today.

THE OLDER AMERICANS ACT

THE OLDER AMERICANS ACT (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger, isolation and losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

These include services such as:

- Home-delivered meals and meals served in group settings such as senior centers
- Transportation
- Personal care and homemaker support
- Caregiver assistance
- Preventative health

NATIONAL OAA NUTRITION PROGRAMS

PROGRAM PROFILE

TOTAL SENIORS SERVED BY MEALS ON WHEELS PROGRAMS	2,405,394
Home-Delivered	830,187
Congregate	1,575,207
TOTAL MEALS SERVED BY MEALS ON WHEELS PROGRAMS	219,365,513
Home-Delivered	135,954,081
Congregate	83,411,432
TOTAL NUTRITION PROGRAM EXPENDITURES	\$1,432,276,392
EXPENDITURES COVERED BY FEDERAL OAA FUNDING	\$523,010,580

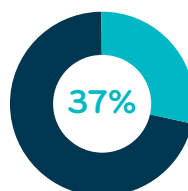


Nationally,
 Meals on Wheels
 serves more than
500,000
VETERANS
 each year

CLIENT PROFILE

SENIORS SERVED	HOME-DELIVERED	CONGREGATE
Women	64%	63%
Live in poverty	40%	27%
Belong to a minority group	28%	27%
Live in rural communities	37%	39%
Live alone	52%	39%
Take 6+ medications	53%	30%
Have 3+ ADL impairments	42%	n/a
Single meal helps provide 1/2 or more of total food for the day	60%	52%

A PROVEN PUBLIC-PRIVATE PARTNERSHIP

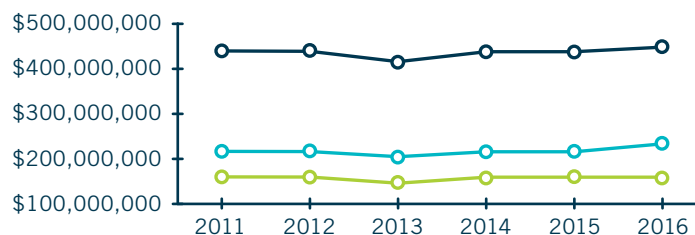


THE OAA covers **37%** of the total cost to provide nutritious meals, safety checks and friendly visits to more than **2.4 MILLION SENIORS**. Programs rely on contributions from state, local, private donations and other resources to cover the rest.

FEDERAL APPROPRIATIONS

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. The Meals on Wheels network is serving 21 million fewer meals to seniors in need than a decade ago, due to declining federal and state grants, stagnant private funding, and rising food and transportation costs.

- Congregate Meals
- Home-Delivered Meals
- Nutrition Services Incentive Program



Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.