

TOGETHER, WE CAN DELIVER.™

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, but also save billions in tax dollars by keeping them out of more costly healthcare settings.



TOO MANY SENIORS IN PENNSYLVANIA ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.

738,050 are isolated, living alone

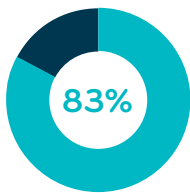
319,529 are threatened by hunger

811,568 are living in or near poverty

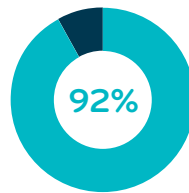


Nationally, **1 IN 6** seniors struggles with hunger

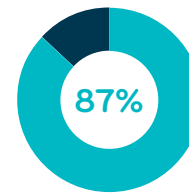
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.



say it improves their health



say it enables them to remain living at home



say it makes them feel more safe and secure

SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE & MEDICAID COSTS.



Meals on Wheels decreases the rate of falls, which cost our nation **\$34 BILLION** each year.



1 YEAR

1 DAY

We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.



Investing in Meals on Wheels is a **WIN-WIN** for our families, our communities and our nation.

THE OLDER AMERICANS ACT

THE OLDER AMERICANS ACT (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger, isolation and losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

These include services such as:

- Home-delivered meals and meals served in group settings such as senior centers
- Transportation
- Personal care and homemaker support
- Caregiver assistance
- Preventative health

PENNSYLVANIA OAA NUTRITION PROGRAMS

PROGRAM PROFILE

TOTAL SENIORS SERVED BY MEALS ON WHEELS PROGRAMS	103,375
Home-Delivered	29,985
Congregate	73,390
TOTAL MEALS SERVED BY MEALS ON WHEELS PROGRAMS	8,339,190
Home-Delivered	4,759,909
Congregate	3,579,281
TOTAL NUTRITION PROGRAM EXPENDITURES	\$64,929,849
EXPENDITURES COVERED BY FEDERAL OAA FUNDING	\$31,502,695



Nationally, Meals on Wheels serves more than **500,000 VETERANS** each year

CLIENT PROFILE (seniors receiving OAA nutrition or other supportive services)



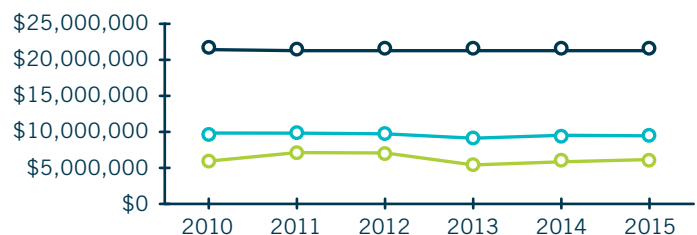
A PROVEN PUBLIC-PRIVATE PARTNERSHIP

THE OAA covers **49%** of the total cost to provide nutritious meals, safety checks and friendly visits to more than **103,000 SENIORS**. Programs rely on contributions from state, local, private donations and other resources to cover the rest.

FEDERAL APPROPRIATIONS

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. Over the past 20 years, when adjusted for inflation, federal funding has decreased by 18% while the senior population has grown by 34%.

- Congregate Meals
- Home-Delivered Meals
- Nutrition Services Incentive Program



Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.