



MEALS on WHEELS
AMERICA

WASHINGTON
2016

TOGETHER, WE CAN DELIVER.™

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, but also save billions in tax dollars by keeping them out of more costly healthcare settings.



TOO MANY SENIORS IN WASHINGTON ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.

334,318 are isolated, living alone

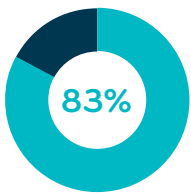
145,707 are threatened by hunger

329,557 are living in or near poverty

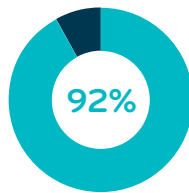


Nationally, **1 IN 6** seniors struggles with hunger

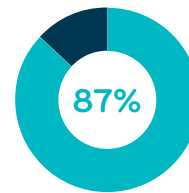
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.



say it improves
their health



say it enables
them to remain
living at home



say it makes
them feel more
safe and secure

SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE & MEDICAID COSTS.



Meals on Wheels decreases the rate of falls, which cost our nation **\$34 BILLION** each year.



1 YEAR

1 DAY

We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.



Investing in Meals on Wheels is a **WIN-WIN** for our families, our communities and our nation.

Visit www.mealsonwheelsamerica.org/takeaction to learn more about how you can help in your state and community today.

THE OLDER AMERICANS ACT

THE OLDER AMERICANS ACT (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger, isolation and losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

These include services such as:

- Home-delivered meals and meals served in group settings such as senior centers
- Transportation
- Personal care and homemaker support
- Caregiver assistance
- Preventative health

WASHINGTON OAA NUTRITION PROGRAMS

PROGRAM PROFILE

TOTAL SENIORS SERVED BY MEALS ON WHEELS PROGRAMS	55,312
Home-Delivered	12,204
Congregate	43,108
TOTAL MEALS SERVED BY MEALS ON WHEELS PROGRAMS	2,990,497
Home-Delivered	1,569,847
Congregate	1,420,650
TOTAL NUTRITION PROGRAM EXPENDITURES	\$15,334,317
EXPENDITURES COVERED BY FEDERAL OAA FUNDING	\$9,077,685



Nationally,
Meals on Wheels
serves more than
500,000
VETERANS
each year

CLIENT PROFILE (seniors receiving OAA nutrition or other supportive services)



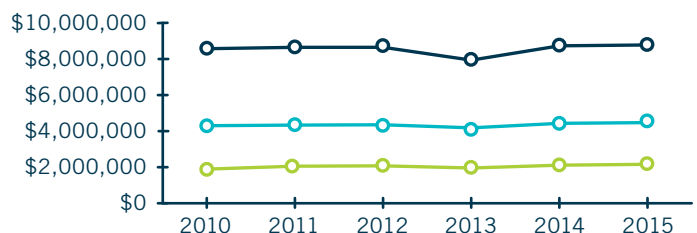
A PROVEN PUBLIC-PRIVATE PARTNERSHIP



FEDERAL APPROPRIATIONS

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. Over the past 20 years, when adjusted for inflation, federal funding has decreased by 18% while the senior population has grown by 34%.

- Congregate Meals
- Home-Delivered Meals
- Nutrition Services Incentive Program



Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.