



SOURCES AND METHODS FOR 2016 NATIONAL AND STATE FACT SHEETS

“Isolated, living alone” figures come from the Census Bureau’s 2013 American Community Survey Demographic Data. (<http://www.agid.acl.gov/CustomTables/>)

“Living in or near poverty” figures represent the population at or below 200% of the poverty line and come from the Census Bureau’s 2013 American Community Survey Demographic Data. (<http://www.agid.acl.gov/CustomTables/>)

“Threatened by hunger” figures from *The State of Senior Hunger in America 2013: An Annual Report* from the National Foundation to End Senior Hunger (NFESH). Full report available at: <http://www.nfesh.org/wp-content/uploads/2015/04/State-of-Senior-Hunger-in-America-2013.pdf>

To produce state-by-state breakdowns, we applied the Administration on Aging’s state-by-state population estimates for persons over 60 (<http://www.agid.acl.gov/StateProfiles>) to the state-level hunger percentage estimates included in the NFESH study.

Percentage of respondents who say Meals on Wheels “improves their health,” “enables them to remain living at home,” and “makes them feel more safe and secure” comes from the Administration for Community Living’s National Survey of OAA Participants, 2013. (<http://www.agid.acl.gov/CustomTables/>)

Falls Prevention and Costs

Cost of senior falls comes from the Centers for Disease Control and Prevention. (<http://www.cdc.gov/homeandrecreationalafety/falls/fallcost.html>)

Meals on Wheels decreases the rate of falls comes from the *More Than a Meal Pilot Research Study*. Full report available at: <http://www.mealsonwheelsamerica.org/mtam>

Average and Annual Cost of Meals

Average cost of a meal comes from the 2015 Older Americans Act Nutrition Programs Evaluation: Meal Cost Analysis report from Mathematica Policy Research. Full report available at: [http://www.aoa.acl.gov/Program Results/docs/Program Eval/III C Assessment/NSP-Meal-Cost-Analysis.pdf](http://www.aoa.acl.gov/Program%20Results/docs/Program%20Eval/III%20C%20Assessment/NSP-Meal-Cost-Analysis.pdf)

$$\text{Yearly Cost of Meals} = \text{Average Cost Per Meal} \times 250 \text{ Operating Days}$$

Cost of one day in the hospital comes from The Henry J. Kaiser Family Foundation’s State Health Facts Hospital Adjusted Expenses per Inpatient Day, 2014. (<http://kff.org/other/state-indicator/expenses-per-inpatient-day/>)

Older Americans Act Title III Program Data

All data regarding Older Americans Act (OAA) Title III Programs was derived from the AGing Integrated Database (AGID) system, including the 2013 State Program Reports and the 2013 National Survey of OAA Participants. Full reports available at: www.agidnet.acl.gov.

The National Fact Sheet Client Profile data was acquired through a special report of the 2014 State Program Reports from analysts at Administration for Community Living/Administration on Aging.

The OAA Share of Funding

This figure represents Total Title III Nutrition Program Expenditures (Federal) as a percent of Total Expenditures for both congregate and home-delivered nutrition programs. (<http://www.agid.acl.gov/CustomTables/>)

Federal Appropriations Data

All data regarding Federal Appropriations and State Allocations thereof was derived from the Department of Health and Human Services Administration on Aging. Full report available at: [http://acl.gov/About ACL/Allocations/OAA.aspx](http://acl.gov/About_ACL/Allocations/OAA.aspx)