

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, where they want to be, but also save billions in tax dollars by keeping them out of more costly healthcare alternatives.

TOGETHER, WE CAN DELIVER.™



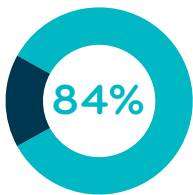
TOO MANY SENIORS ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.

14.8 MILLION seniors are isolated, living alone.

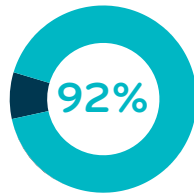
9.3 MILLION are threatened by hunger.

17.6 MILLION have difficulty paying for basic living needs.

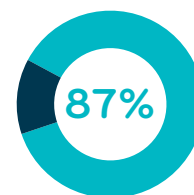
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.



— say it helps them eat healthier.



— say it enables them to remain living at home.



— say it makes them feel more safe and secure.

SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE & MEDICAID COSTS.



— say Meals on Wheels improves their health



The cost of **1 YEAR** for a senior to receive Meals on Wheels is less than **1 DAY** in a hospital.

← **1 DAY**

It's a win-win for our families, our communities and our nation.



THE OLDER AMERICANS ACT

THE OLDER AMERICANS ACT (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger, isolation and of losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

These include services such as:

- Home-delivered meals and meals served in group settings such as senior centers
- Transportation services
- Personal care and homemaker services
- Caregiver assistance

NATIONAL OAA NUTRITION PROGRAMS

PROGRAM PROFILE

TOTAL OLDER AMERICANS ACT NUTRITION EXPENDITURES	\$513,921,872
TOTAL LEVERAGED NUTRITION PROGRAM EXPENDITURES	\$1,414,548,748
SENIORS SERVED BY MEALS ON WHEELS PROGRAMS	2,477,736
Home-Delivered	851,204
Congregate	1,626,532
MEALS SERVED BY MEALS ON WHEELS PROGRAMS	223,633,085
Home-Delivered	137,361,065
Congregate	86,272,020



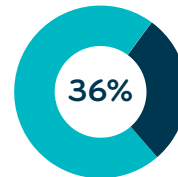
More than
500,000
of the seniors
served are
VETERANS

CLIENT PROFILE

SENIORS SERVED	HOME-DELIVERED	CONGREGATE
Women	64%	65%
Live in poverty	37%	27%
Belong to a minority group	27%	25%
Live in rural communities	37%	40%
Live alone	51%	39%
Take 6+ medications	51%	29%
Have 1+ ADL impairments	44%	39%
Single meal helps provide 1/2 or more of total food for the day	60%	56%



WE CAN PROVIDE nutritious meals to a senior for an entire year **FOR LESS THAN \$1,600.**



THE OAA covers **36%** of that cost. Programs rely on contributions from state, local, private donations and other resources to cover the rest.

FEDERAL APPROPRIATIONS

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. Since FY2010, federal appropriations for OAA Nutrition Programs have decreased while the need is escalating at an unprecedented pace.

○ Congregate Meals ○ Home-Delivered Meals
● Nutrition Services Incentive Program



Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.