Contact:

Your Name

Title

Phone

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**FOR IMMEDIATE RELEASE**

**[Member of Congress] Delivers Meals with [Program] to Underscore the Importance of Older Americans Act Nutrition Programs**

*[Program] Serves [###] Meals Each Week to [Community/Town] Seniors*

**([CITY], [STATE], [Date]** – [Program name] announced today that [Member of Congress] will be [visiting/delivering] meals to vulnerable, homebound seniors in [community/town] on [date]. This visit is part of a nationwide effort led by Meals on Wheels America to urge Congress to adequately fund and protect the Older Americans Act (OAA) Nutrition Programs that enable seniors in communities around the country to live independently in their own homes.

[Insert quote from Member of Congress about importance of your service if possible.]

The OAA is a vital safety net that enables 5,000+ local Meals on Wheels programs just like [program] to deliver more than just a nutritious meal. The efficient network of two million volunteers nationwide not only provides a friendly visit and critical safety check to vulnerable seniors in need, it also saves precious federal and state tax dollars by keeping them out of nursing homes, preventing unnecessary trips to the emergency rooms and reducing hospital admissions and readmissions.

Along with Meals on Wheels America, [program] is urging Congress to fund OAA Nutrition Programs at the levels requested in the President’s budget:

* Congregate Nutrition Services (meals served in group settings like senior centers) – $454 million
* Home-Delivered Nutrition Services (Meals on Wheels served directly to a senior’s home) – $234 million
* Nutrition Services Incentive Program (supports supplemental purchases of nutritious foods) – $160 million

[Insert quote from Director about importance of ride-along delivery. It may also be appropriate to include an anecdote about a specific individual impacted by your services or link to a senior’s story/photo.]

For more information, or to speak out on behalf of our nation’s most vulnerable seniors, visit [www.mealsonwheelsamerica.org/advocate](http://www.mealsonwheelsamerica.org/advocate). To learn how you can help make a difference in [community/town], visit [your website].

**About [Program Name]:**  
[Add paragraph about your program here – including number of meals/seniors served each month and your website].

**About Meals on Wheels America**  
Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior hunger and isolation. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America’s seniors to live nourished lives with independence and dignity. By providing funding, leadership, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.