



SAMPLE FACEBOOK POSTS

Take a look at our sample Facebook posts that you can share with your friends, family, community and elected officials:

GENERAL MEALS ON WHEELS POSTS

Meals on Wheels programs help keep our seniors healthier, safer and living in their own homes. Learn how we deliver so much more than a meal at www.mealsonwheelsamerica.org/MTAM.

2 million Meals on Wheels volunteers come together to prepare and deliver nearly 220 million meals a year for our nation's most vulnerable seniors. Learn how you can join the movement to support and protect these programs at www.mealsonwheelsamerica.org/advocate.

SUPPORT THE OLDER AMERICANS ACT

Supporting Meals on Wheels is the right thing to do and makes good economic sense! Join us in urging Congress to fund and protect these vital programs at www.mealsonwheelsamerica.org/advocate.

Join us in urging Congress to fund and protect the Older Americans Act – a vital piece of legislation that helps support our nation's seniors and programs like Meals on Wheels. Visit www.mealsonwheelsamerica.org/advocate to take action today.

WAITING LISTS

One senior on one #MealsonWheels waiting list is ONE too many. Unfortunately, there are thousands nationwide. #SeniorsCantWait www.mealsonwheelsamerica.org/advocate.

For seniors in our community, our #MealsonWheels program is their lifeline. Step up to ensure Congress supports and protects vital programs like ours at www.mealsonwheelsamerica.org/advocate #SeniorsCantWait