



# **MEALS ON WHEELS**

## **ANNUAL CONFERENCE & EXPO**

2018

# Healthcare through State Advocacy



Jennifer Stiff

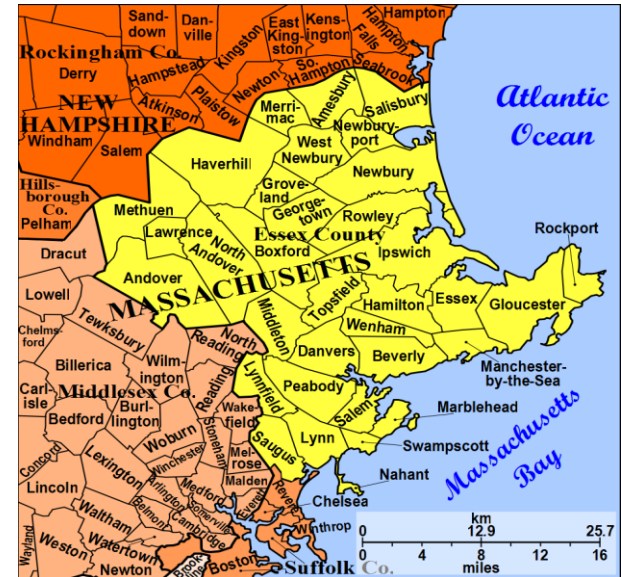
Nutrition Program Director

Minuteman Senior Services

[j.stiff@minutemanseniorservices.org](mailto:j.stiff@minutemanseniorservices.org)

# What's Happening in MA?

- Statewide Initiative-Food is Medicine
- MA Malnutrition Prevention Commission
- ASAPs (Aging Service Access Points)
- MAMOW-MA Meals on Wheels Association
- Minuteman Senior Services Interventions



# MA Nutrition Programs

## MA Meals on Wheels Association

- Statewide advocacy
- Nutrition Director support and best practices



# Effective Interventions

## Minuteman Senior Services Nutrition Department

- Alzheimer's Project
- Tracking Hospital Readmissions

