



MEALS ON WHEELS

ANNUAL CONFERENCE & EXPO

2018

Jumpstart Your Sustainability: An Interactive Experience



KEVIN MONROE

Managing Partner

X Factor Consulting

kevin@kevindmonroe.com

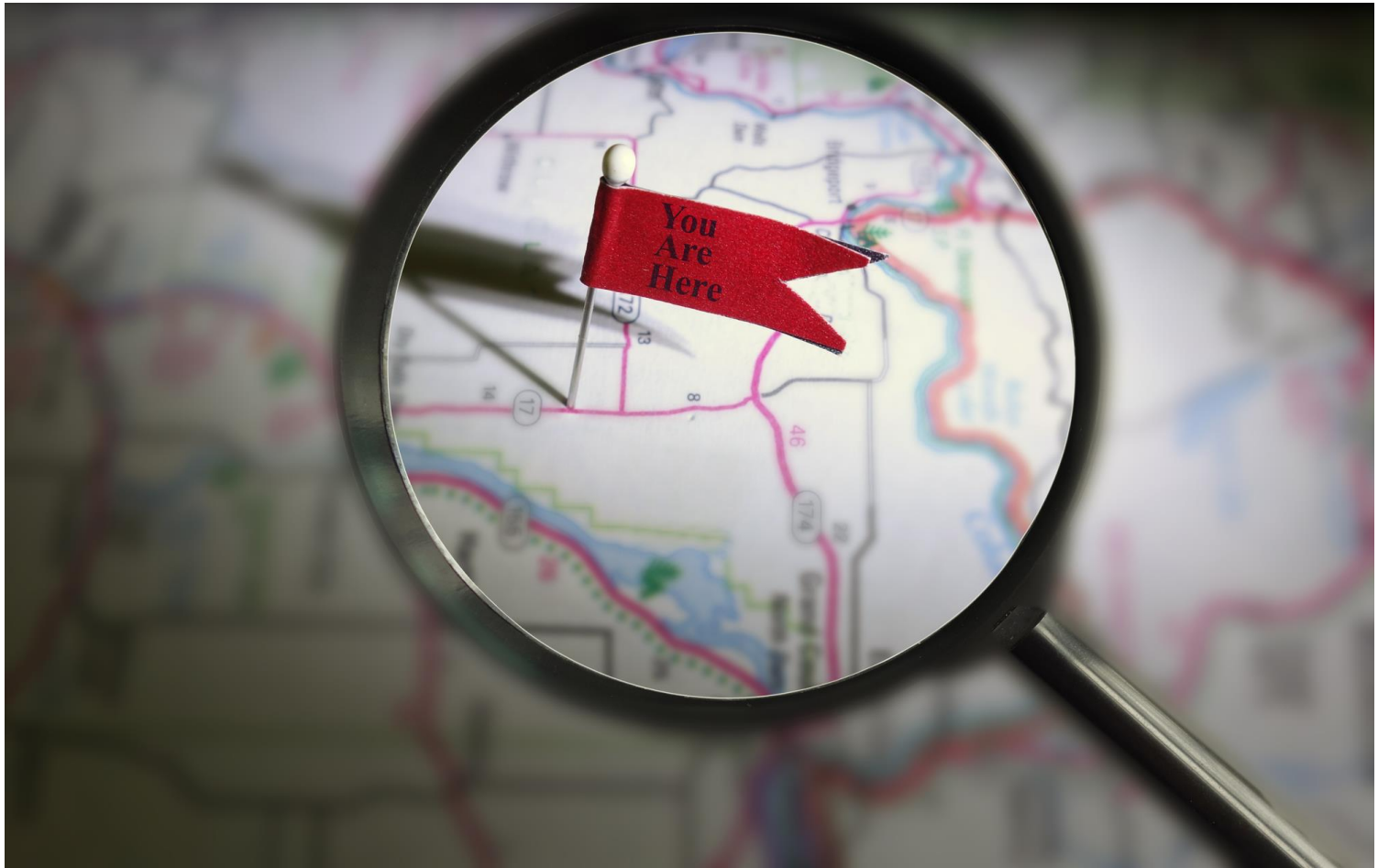
Operating Premise...

There's only one way to learn...it's through action.

~ Paulo Coelho

My goal for this session...

Is for you to leave with clarity, confidence, and commitment to take action on what you've learned here so you move your program and mission forward.



**Go to www.menti.com and enter
code 29 85 9**

Did you watch the pre-conference webinar I led earlier
this month?

IT'S REALLY OKAY IF YOU DIDN'T

Remember this from the webinar?

What's the ONE thing that is most challenging for you at this moment?

What insights will be most helpful?

If you could get ONE question answered about _____, what would it be?

Is there something you've tried or want to try but want to know more about _____?

**Go to www.menti.com and enter
code 29 85 9**

What key insight have you gained so far from this conference?

**Go to www.menti.com and enter
code 29 85 9**

Which of the following is most important for your
program to make progress on between now and YE18?

**Go to www.menti.com and enter
code 29 85 9**

As of this moment, do you know what's needed to make that progress between now and YE18?

Right now you're in 1 of 2 loops



Source: Juliana Park, *The Abundance Loop*

Two loops or mindsets...



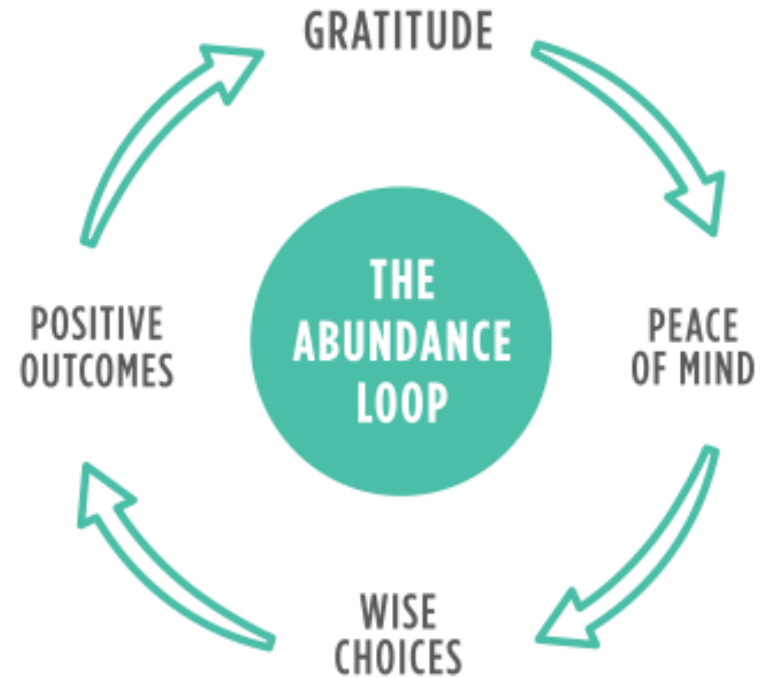
Source: Juliana Park, *The Abundance Loop*

Which loop are you returning to?

Fixed Mindset



Growth Mindset



Source: Juliana Park, *The Abundance Loop*

EXERCISE

Thinking about what is most important for your program to accomplish between now and YE18...begin to map out what needs to happen

First...then next...after that

Conversations...Discussions...Meetings...Resources



TABLE TOPIC

Discuss this out with your table mates...

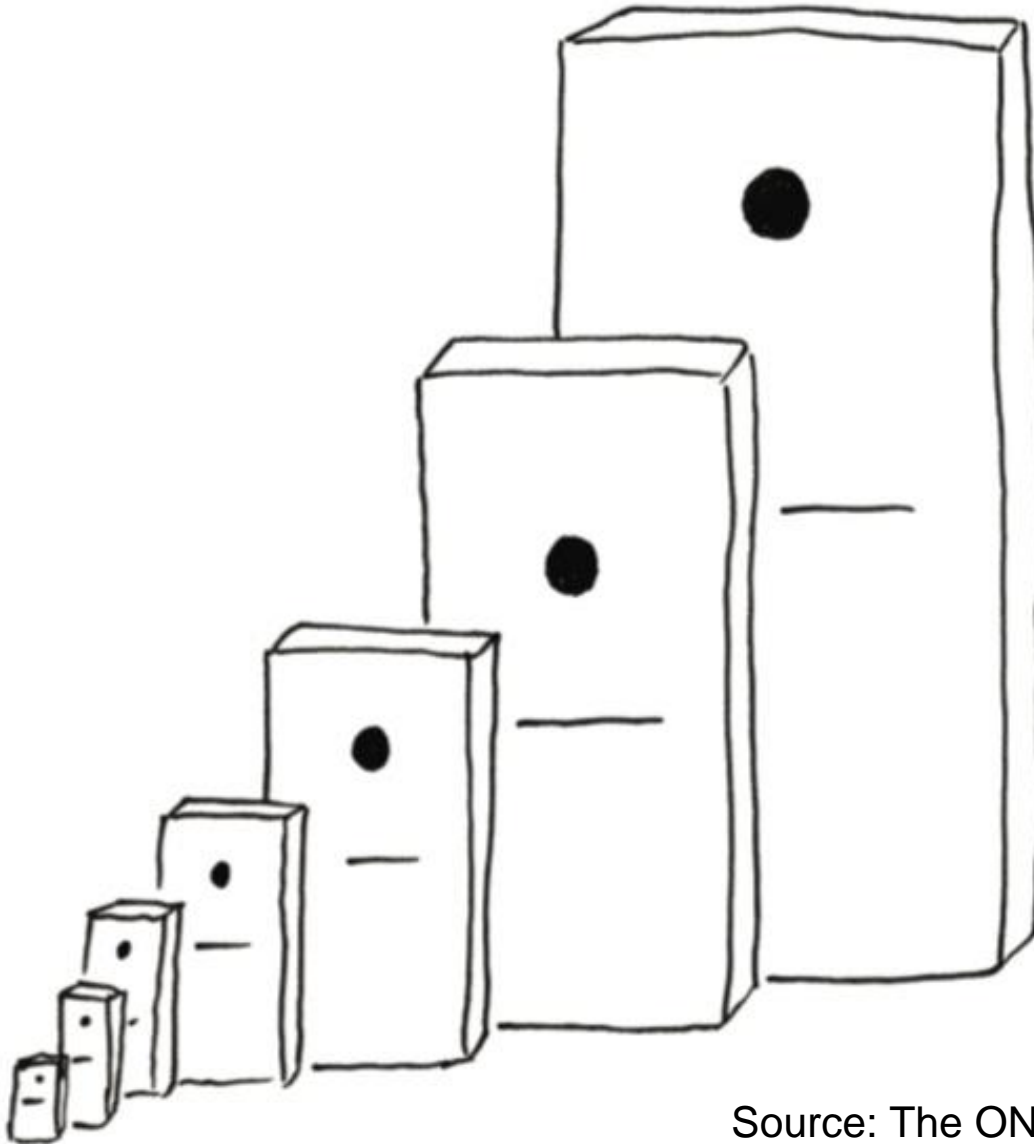
Thinking about what is most important for your program to accomplish between now and YE18...begin to map out what needs to happen

First...then next...after that

Conversations...Discussions...Meetings...Resources

Share, Solicit Feedback, and Clarify

What is the ONE thing you can do that starts the dominoes falling?



Source: The ONE Thing, Keller & Papasan

Go to www.menti.com and enter
code 29 85 9

Have you figured out the ONE to focus on first to get
this idea moving?

Building Momentum & Following Through with Action

- What do you need to do NOW to set yourself up for success?
- What's the low hanging fruit you can harvest?
- What success or progress will you celebrate to build momentum?
- What challenges should you anticipate?

What else is still needed before you leave?

How will you get that?

Who can help?

Follow-up Webinar

Join us on Thursday, October 11, 2018 at 3:30 pm EDT

- Celebration of progress and accomplishment
- After Action Review
- Peer Input
- Next Steps Planning

Let's make this happen!

There's only one way to learn...it's through action.

~ Paulo Coelho