TOGETHER, WE CAN DELIVER.

The number of seniors in our country will grow exponentially over the coming years. Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation’s most vulnerable seniors. By leveraging the existing Meals on Wheels network, we have the opportunity to not only keep seniors at home, but also save billions in tax dollars by keeping them out of more costly healthcare settings.

TOO MANY SENIORS IN OREGON ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.

- **217,779** are isolated, living alone
- **115,301** are threatened by hunger
- **241,553** are living in or near poverty

Nationally, **1 IN 6** seniors struggles with hunger.

MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR OWN HOMES, WHERE THEY WANT TO BE.

- **83%** say it improves their health
- **92%** say it enables them to remain living at home
- **87%** say it makes them feel more safe and secure

SENIORS REMAINING AT HOME, OUT OF HOSPITALS AND NURSING HOMES, SAVES BILLIONS IN MEDICARE & MEDICAID COSTS.

- **$34 BILLION**
- **1 YEAR = 1 DAY**

Meals on Wheels decreases the rate of falls, which cost our nation **$34 BILLION** each year.

We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.

Investing in Meals on Wheels is a **WIN-WIN** for our families, our communities and our nation.

Visit [www.mealsonwheelsamerica.org/takeaction](http://www.mealsonwheelsamerica.org/takeaction) to learn more about how you can help in your state and community today.
FEDERAL APPROPRIATIONS

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. Over the past 20 years, when adjusted for inflation, federal funding has decreased by 18% while the senior population has grown by 34%.

OCT 2016
OREGON

THE OLDER AMERICANS ACT

THE OLDER AMERICANS ACT (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger, isolation and losing their ability to live independently. Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors.

OBERGON OAA NUTRITION PROGRAMS

PROGRAM PROFILE

TOTAL SENIORS SERVED BY MEALS ON WHEELS PROGRAMS
Home-Delivered
12,636
Congregate
36,102

TOTAL MEALS SERVED BY MEALS ON WHEELS PROGRAMS
Home-Delivered
2,675,444
Congregate
1,734,292

TOTAL NUTRITION PROGRAM EXPENDITURES
$12,518,545
EXPENDITURES COVERED BY FEDERAL OAA FUNDING
$6,644,171

CLIENT PROFILE (seniors receiving OAA nutrition or other supportive services)

LIVE IN POVERTY: 11%
BELONG TO A MINORITY GROUP: 7%
LIVE IN A RURAL COMMUNITY: 25%

53%

A PROVEN PUBLIC-PRIVATE PARTNERSHIP

THE OAA covers 53% of the total cost to provide nutritious meals, safety checks and friendly visits to more than 48,500 SENIORS. Programs rely on contributions from state, local, private donations and other resources to cover the rest.

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CONGREGATE MEALS: $1,000,000
HOME-DELIVERED MEALS: $3,000,000
NUTRITION SERVICES INCENTIVE PROGRAM: $2,000,000

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America’s seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

Information data sources available at www.mealsonwheelsamerica.org/factsheets. © 2016 Meals on Wheels America