

DELIVERING SO MUCH MORE THAN JUST A MEAL IN ARKANSAS

ARKANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	667,173 (22%)
Seniors threatened by hunger	116,755 (18%)
Seniors living alone	169,136 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	77,636 (12%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	33%
Seniors with a disability	37%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	62%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$5.54		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ARKANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	21,910	14,294	36,204
Meals served each year	1,372,699	2,086,457	3,459,156

OAA CLIENT PROFILE

Live alone	48%	Live in poverty	30%
Live in a rural area	58%	Minority	17%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,588,258	\$3,818,293	\$8,406,551 (44%)
Total Expenditures	\$8,148,542	\$11,154,933	\$19,303,475

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ARKANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,395	\$1,707	\$1,760

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

