

DELIVERING SO MUCH MORE THAN JUST A MEAL IN CALIFORNIA

CALIFORNIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	7,519,886 (19%)
Seniors threatened by hunger	1,060,304 (14%)
Seniors living alone	1,544,207 (21%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	794,060 (11%)
Seniors that are non-white racial and/or an ethnic minority	44%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	36%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$64.80		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN CALIFORNIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	168,086	55,266	223,352
Meals served each year	7,123,749	10,809,463	17,933,212

OAA CLIENT PROFILE

Live alone	39%	Live in poverty	44%
Live in a rural area	13%	Minority	46%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$27,568,843	\$27,499,176	\$55,068,019 (35%)
Total Expenditures	\$80,291,471	\$77,938,624	\$158,230,095

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN CALIFORNIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,206	\$3,421	\$2,750

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

