

DELIVERING SO MUCH MORE THAN JUST A MEAL IN DELAWARE

DELAWARE'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	229,584 (24%)
Seniors threatened by hunger	25,713 (11%)
Seniors living alone	48,129 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	18,477 (8%)
Seniors that are non-white racial and/or an ethnic minority	21%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	26%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	47%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$2.00		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN DELAWARE ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	9,810	3,828	13,638
Meals served each year	323,821	685,178	1,008,999

OAA CLIENT PROFILE

Live alone	32%	Live in poverty	40%
Live in a rural area	43%	Minority	26%
Women	66%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,508,395	\$1,386,797	\$2,895,192 (48%)
Total Expenditures	\$1,868,395	\$4,220,328	\$6,088,723

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN DELAWARE CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,509	\$3,146	\$3,450

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

