

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN FLORIDA

## FLORIDA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	5,400,667 (26%)
Seniors threatened by hunger	610,275 (11%)
Seniors living alone	1,200,498 (23%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	586,287 (11%)
Seniors that are non-white racial and/or an ethnic minority	27%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	30%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	54%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$47.70		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN FLORIDA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	30,438	37,526	67,964
Meals served each year	4,275,762	8,688,237	12,963,999

### OAA CLIENT PROFILE

Live alone	43%	Live in poverty	49%
Live in a rural area	6%	Minority	54%
Women	68%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$17,092,899	\$18,570,641	\$35,663,540 (48%)
Total Expenditures	\$26,068,979	\$48,055,691	\$74,124,670

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN FLORIDA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,429	\$2,091	\$2,680

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

