

DELIVERING SO MUCH MORE THAN JUST A MEAL IN GEORGIA

GEORGIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,925,699 (19%)
Seniors threatened by hunger	346,626 (18%)
Seniors living alone	444,431 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	207,612 (11%)
Seniors that are non-white racial and/or an ethnic minority	31%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	33%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	50%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$15.32		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN GEORGIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	23,475	20,149	43,624
Meals served each year	1,490,275	2,434,546	3,924,821

OAA CLIENT PROFILE

Live alone	45%	Live in poverty	46%
Live in a rural area	32%	Minority	46%
Women	71%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,062,827	\$5,006,033	\$13,068,860 (40%)
Total Expenditures	\$15,300,265	\$17,191,009	\$32,491,274

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN GEORGIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,070	\$1,740	\$2,090

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

