

DELIVERING SO MUCH MORE THAN JUST A MEAL IN HAWAII

HAWAII'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	334,413 (23%)
Seniors threatened by hunger	32,104 (10%)
Seniors living alone	62,677 (19%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	30,806 (9%)
Seniors that are non-white racial and/or an ethnic minority	72%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	23%	Hospital readmissions	12%
Total Medicare spending (in billions)	\$2.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN HAWAII ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	3,202	3,140	6,342
Meals served each year	210,964	441,057	652,021

OAA CLIENT PROFILE

Live alone	36%	Live in poverty	24%
Live in a rural area	61%	Minority	75%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$918,556	\$1,530,878	\$2,449,434 (47%)
Total Expenditures	\$1,706,228	\$3,514,377	\$5,220,605

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN HAWAII CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,002	\$2,412	\$4,000

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

