

DELIVERING SO MUCH MORE THAN JUST A MEAL IN IDAHO

IDAHO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	355,919 (21%)
Seniors threatened by hunger	30,253 (9%)
Seniors living alone	82,321 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	37,279 (10%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	32%	Hospital readmissions	13%
Total Medicare spending (in billions)	\$2.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN IDAHO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,690	4,012	17,702
Meals served each year	507,008	557,611	1,064,619

OAA CLIENT PROFILE

Live alone	40%	Live in poverty	21%
Live in a rural area	50%	Minority	5%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,389,375	\$987,910	\$2,377,285 (40%)
Total Expenditures	\$3,035,812	\$2,960,404	\$5,996,216

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN IDAHO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,408	\$2,708	\$2,490

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

