

DELIVERING SO MUCH MORE THAN JUST A MEAL IN ILLINOIS

ILLINOIS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,641,144 (21%)
Seniors threatened by hunger	345,990 (13%)
Seniors living alone	688,614 (27%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	247,938 (10%)
Seniors that are non-white racial and/or an ethnic minority	24%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	55%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$22.52		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ILLINOIS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	87,404	31,364	118,768
Meals served each year	2,341,841	5,562,049	7,903,890

OAA CLIENT PROFILE

Live alone	52%	Live in poverty	33%
Live in a rural area	18%	Minority	37%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$11,997,921	\$11,620,937	\$23,618,858 (41%)
Total Expenditures	\$21,493,680	\$35,740,474	\$57,234,154

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ILLINOIS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,810	\$2,431	\$1,950

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

