

DELIVERING SO MUCH MORE THAN JUST A MEAL IN INDIANA

INDIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,398,056 (21%)
Seniors threatened by hunger	215,301 (15%)
Seniors living alone	352,472 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	114,478 (8%)
Seniors that are non-white racial and/or an ethnic minority	11%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	57%	Hospital readmissions	14%
Total Medicare spending (in billions)	\$12.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN INDIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	15,607	7,855	23,462
Meals served each year	807,068	1,204,671	2,011,739

OAA CLIENT PROFILE

Live alone	31%	Live in poverty	45%
Live in a rural area	24%	Minority	18%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,623,798	\$5,090,122	\$11,713,920 (62%)
Total Expenditures	\$10,183,580	\$8,746,987	\$18,930,567

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN INDIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,353	\$2,357	\$2,260

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

