

DELIVERING SO MUCH MORE THAN JUST A MEAL IN KANSAS

KANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

| | |
|------------------------------|---------------|
| Senior population | 613,315 (21%) |
| Seniors threatened by hunger | 62,558 (10%) |
| Seniors living alone | 159,954 (27%) |

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

| | |
|---|-------------|
| Seniors living in poverty | 45,174 (8%) |
| Seniors that are non-white racial and/or an ethnic minority | 11% |
| Seniors experiencing falls with injury | 10% |
| Seniors with self-rated health as "fair to poor" | 23% |
| Seniors with a disability | 32% |

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

| | | | |
|---------------------------------------|--------|-----------------------|-----|
| Preventable hospitalizations | 51% | Hospital readmissions | 14% |
| Total Medicare spending (in billions) | \$4.83 | | |

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN KANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------------|------------------|----------------------|-----------|
| Seniors served each year | 23,684 | 11,498 | 35,182 |
| Meals served each year | 1,311,289 | 1,820,420 | 3,131,709 |

OAA CLIENT PROFILE

| | | | |
|----------------------|-----|-----------------|-----|
| Live alone | 46% | Live in poverty | 22% |
| Live in a rural area | 64% | Minority | 10% |
| Women | 63% | | |

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------|------------------|----------------------|-------------------|
| OAA Expenditures | \$2,792,638 | \$1,968,188 | \$4,760,826 (26%) |
| Total Expenditures | \$8,322,054 | \$10,314,386 | \$18,636,440 |

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN KANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

| | | |
|---|-----------------------------|-----------------------------------|
| Cost of serving a senior Meals on Wheels for an entire year | Cost of 1 day in a hospital | Cost of 10 days in a nursing home |
| \$1,488 | \$1,632 | \$1,780 |

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

