

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN LOUISIANA

## LOUISIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	959,057 (20%)
Seniors threatened by hunger	208,115 (22%)
Seniors living alone	247,203 (27%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	128,852 (14%)
Seniors that are non-white racial and/or an ethnic minority	30%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	33%
Seniors with a disability	35%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	66%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$9.12		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN LOUISIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,478	19,288	36,766
Meals served each year	1,380,564	3,286,608	4,667,172

### OAA CLIENT PROFILE

Live alone	49%	Live in poverty	42%
Live in a rural area	43%	Minority	42%
Women	66%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,863,538	\$3,265,606	\$7,129,144 (23%)
Total Expenditures	\$9,581,281	\$21,387,759	\$30,969,040

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN LOUISIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,659	\$1,900	\$1,720

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

