

DELIVERING SO MUCH MORE THAN JUST A MEAL IN MICHIGAN

MICHIGAN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,272,302 (23%)
Seniors threatened by hunger	313,578 (14%)
Seniors living alone	584,493 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	197,836 (9%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	23%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	55%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$20.97		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MICHIGAN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	52,466	55,450	107,916
Meals served each year	2,154,980	8,387,367	10,542,347

OAA CLIENT PROFILE

Live alone	40%	Live in poverty	24%
Live in a rural area	45%	Minority	N/A
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,833,047	\$11,161,496	\$19,994,543 (39%)
Total Expenditures	\$14,525,970	\$37,218,005	\$51,743,975

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MICHIGAN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,227	\$2,245	\$2,820

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

