

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN MISSISSIPPI

## MISSISSIPPI'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	631,157 (21%)
Seniors threatened by hunger	124,969 (20%)
Seniors living alone	158,759 (26%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	81,241 (13%)
Seniors that are non-white racial and/or an ethnic minority	30%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	36%
Seniors with a disability	38%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	70%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$6.05		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MISSISSIPPI ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	4,497	9,317	13,814
Meals served each year	464,251	1,648,935	2,113,186

### OAA CLIENT PROFILE

Live alone	48%	Live in poverty	60%
Live in a rural area	82%	Minority	50%
Women	66%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,930,835	\$3,027,106	\$4,957,941 (60%)
Total Expenditures	\$2,148,079	\$6,084,902	\$8,232,981

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MISSISSIPPI CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$974	\$1,176	\$2,200

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

