

DELIVERING SO MUCH MORE THAN JUST A MEAL IN MISSOURI

MISSOURI'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,360,130 (22%)
Seniors threatened by hunger	171,376 (13%)
Seniors living alone	343,413 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	119,369 (9%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	57%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$11.64		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MISSOURI ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	64,043	34,360	98,403
Meals served each year	1,993,873	5,458,474	7,452,347

OAA CLIENT PROFILE

Live alone	53%	Live in poverty	38%
Live in a rural area	65%	Minority	20%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,449,027	\$8,070,968	\$14,519,995 (30%)
Total Expenditures	\$14,495,592	\$34,626,185	\$49,121,777

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MISSOURI CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,648	\$2,262	\$1,650

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

