

DELIVERING SO MUCH MORE THAN JUST A MEAL IN MONTANA

MONTANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	260,520 (25%)
Seniors threatened by hunger	28,136 (11%)
Seniors living alone	65,311 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	20,943 (8%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	41%	Hospital readmissions	13%
Total Medicare spending (in billions)	\$1.61		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MONTANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	19,545	7,110	26,655
Meals served each year	1,064,049	766,215	1,830,264

OAA CLIENT PROFILE

Live alone	40%	Live in poverty	26%
Live in a rural area	56%	Minority	8%
Women	58%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,111,167	\$1,366,158	\$3,477,325 (30%)
Total Expenditures	\$6,610,150	\$5,023,720	\$11,633,870

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MONTANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,589	\$1,509	\$2,300

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

