

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEBRASKA

NEBRASKA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	400,871 (21%)
Seniors threatened by hunger	52,915 (13%)
Seniors living alone	108,903 (28%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	26,794 (7%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	48%	Hospital readmissions	14%
Total Medicare spending (in billions)	\$3.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEBRASKA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	18,686	7,459	26,145
Meals served each year	1,033,103	820,586	1,853,689

OAA CLIENT PROFILE

Live alone	47%	Live in poverty	19%
Live in a rural area	79%	Minority	5%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,358,577	\$1,771,542	\$5,130,119 (30%)
Total Expenditures	\$10,814,311	\$6,120,465	\$16,934,776

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEBRASKA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,284	\$1,883	\$2,270

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

