

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEVADA

NEVADA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	614,492 (21%)
Seniors threatened by hunger	88,487 (14%)
Seniors living alone	139,314 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	59,553 (10%)
Seniors that are non-white racial and/or an ethnic minority	30%
Seniors experiencing falls with injury	8%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	42%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$4.70		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEVADA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,567	8,522	26,089
Meals served each year	610,132	1,502,646	2,112,778

OAA CLIENT PROFILE

Live alone	40%	Live in poverty	31%
Live in a rural area	42%	Minority	20%
Women	56%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,341,838	\$3,724,226	\$5,066,064 (93%)
Total Expenditures	\$1,577,959	\$3,890,101	\$5,468,060

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEVADA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$647	\$1,895	\$2,710

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

