

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW JERSEY

NEW JERSEY'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,918,056 (21%)
Seniors threatened by hunger	237,839 (12%)
Seniors living alone	442,869 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	163,322 (9%)
Seniors that are non-white racial and/or an ethnic minority	29%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	50%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$18.44		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW JERSEY ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	27,123	20,357	47,480
Meals served each year	1,583,697	3,290,168	4,873,865

OAA CLIENT PROFILE

Live alone	50%	Live in poverty	28%
Live in a rural area	0%	Minority	31%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$9,574,714	\$8,793,826	\$18,368,540 (42%)
Total Expenditures	\$18,675,385	\$25,289,361	\$43,964,746

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW JERSEY CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,255	\$2,694	\$3,500

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

