

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW YORK

## NEW YORK'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	4,223,882 (21%)
Seniors threatened by hunger	591,343 (14%)
Seniors living alone	1,084,069 (26%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	487,777 (12%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	29%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	47%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$39.93		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW YORK ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	184,098	64,460	248,558
Meals served each year	10,282,026	14,403,673	24,685,699

### OAA CLIENT PROFILE

Live alone	44%	Live in poverty	32%
Live in a rural area	15%	Minority	36%
Women	64%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$23,069,099	\$13,226,926	\$36,296,025 (20%)
Total Expenditures	\$98,820,421	\$85,460,438	\$184,280,859

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW YORK CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,866	\$2,559	\$3,870

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

