

DELIVERING SO MUCH MORE THAN JUST A MEAL IN OHIO

OHIO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

| | |
|------------------------------|-----------------|
| Senior population | 2,644,563 (23%) |
| Seniors threatened by hunger | 346,438 (13%) |
| Seniors living alone | 689,472 (27%) |

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

| | |
|---|--------------|
| Seniors living in poverty | 228,494 (9%) |
| Seniors that are non-white racial and/or an ethnic minority | 13% |
| Seniors experiencing falls with injury | 9% |
| Seniors with self-rated health as "fair to poor" | 25% |
| Seniors with a disability | 31% |

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

| | | | |
|---------------------------------------|---------|-----------------------|-----|
| Preventable hospitalizations | 57% | Hospital readmissions | 15% |
| Total Medicare spending (in billions) | \$23.27 | | |

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OHIO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------------|------------------|----------------------|-----------|
| Seniors served each year | 46,091 | 38,415 | 84,506 |
| Meals served each year | 1,902,170 | 5,873,901 | 7,776,071 |

OAA CLIENT PROFILE

| | | | |
|----------------------|-----|-----------------|-----|
| Live alone | 51% | Live in poverty | 41% |
| Live in a rural area | 40% | Minority | 25% |
| Women | 64% | | |

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------|------------------|----------------------|--------------------|
| OAA Expenditures | \$8,656,554 | \$17,619,985 | \$26,276,539 (44%) |
| Total Expenditures | \$17,439,741 | \$42,628,313 | \$60,068,054 |

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OHIO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

| | | |
|---|-----------------------------|-----------------------------------|
| Cost of serving a senior Meals on Wheels for an entire year | Cost of 1 day in a hospital | Cost of 10 days in a nursing home |
| \$1,931 | \$2,704 | \$2,340 |

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

