

DELIVERING SO MUCH MORE THAN JUST A MEAL IN OREGON

OREGON'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	962,238 (23%)
Seniors threatened by hunger	123,166 (13%)
Seniors living alone	239,428 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	81,450 (9%)
Seniors that are non-white racial and/or an ethnic minority	10%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	34%	Hospital readmissions	14%
Total Medicare spending (in billions)	\$6.51		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OREGON ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	28,060	13,733	41,793
Meals served each year	836,335	1,750,765	2,587,100

OAA CLIENT PROFILE

Live alone	38%	Live in poverty	13%
Live in a rural area	29%	Minority	8%
Women	49%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,127,675	\$5,342,154	\$9,469,829 (81%)
Total Expenditures	\$5,101,753	\$6,552,791	\$11,654,544

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OREGON CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,126	\$3,537	\$3,050

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

