

DELIVERING SO MUCH MORE THAN JUST A MEAL IN PENNSYLVANIA

PENNSYLVANIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	3,078,799 (24%)
Seniors threatened by hunger	508,002 (17%)
Seniors living alone	767,173 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	245,803 (8%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	52%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$27.99		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN PENNSYLVANIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	63,314	32,005	95,319
Meals served each year	3,022,790	5,809,600	8,832,390

OAA CLIENT PROFILE

Live alone	49%	Live in poverty	26%
Live in a rural area	28%	Minority	19%
Women	69%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$12,122,888	\$26,977,447	\$39,100,335 (54%)
Total Expenditures	\$28,573,208	\$43,769,217	\$72,342,425

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN PENNSYLVANIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,048	\$2,332	\$3,160

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

