

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN RHODE ISLAND

## RHODE ISLAND'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	242,903 (23%)
Seniors threatened by hunger	33,035 (14%)
Seniors living alone	66,605 (29%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	23,094 (10%)
Seniors that are non-white racial and/or an ethnic minority	11%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	28%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	54%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$2.18		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN RHODE ISLAND ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	5,867	2,100	7,967
Meals served each year	319,687	261,297	580,984

### OAA CLIENT PROFILE

Live alone	51%	Live in poverty	12%
Live in a rural area	3%	Minority	8%
Women	67%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,454,440	\$833,214	\$2,287,654 (59%)
Total Expenditures	\$2,685,880	\$1,169,139	\$3,855,019

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN RHODE ISLAND CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,659	\$2,814	\$2,900

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

