

DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH CAROLINA

SOUTH CAROLINA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,149,327 (23%)
Seniors threatened by hunger	194,236 (17%)
Seniors living alone	269,265 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	104,194 (9%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	33%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	46%	Hospital readmissions	15%
Total Medicare spending (in billions)	\$9.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH CAROLINA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,329	11,928	20,257
Meals served each year	767,888	1,735,635	2,503,523

OAA CLIENT PROFILE

Live alone	49%	Live in poverty	45%
Live in a rural area	60%	Minority	55%
Women	72%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,848,155	\$4,050,429	\$6,898,584 (45%)
Total Expenditures	\$5,271,411	\$10,087,053	\$15,358,464

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH CAROLINA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,534	\$1,941	\$2,110

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

