

DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH DAKOTA

SOUTH DAKOTA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	194,659 (23%)
Seniors threatened by hunger	21,607 (11%)
Seniors living alone	50,660 (28%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	17,581 (9%)
Seniors that are non-white racial and/or an ethnic minority	6%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	51%	Hospital readmissions	13%
Total Medicare spending (in billions)	\$1.41		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH DAKOTA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,369	2,803	11,172
Meals served each year	790,870	421,411	1,212,281

OAA CLIENT PROFILE

Live alone	50%	Live in poverty	35%
Live in a rural area	80%	Minority	8%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,552,717	\$1,376,830	\$3,929,547 (45%)
Total Expenditures	\$5,737,396	\$3,076,587	\$8,813,983

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH DAKOTA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,818	\$1,333	\$2,180

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

