

DELIVERING SO MUCH MORE THAN JUST A MEAL IN WEST VIRGINIA

WEST VIRGINIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	474,155 (26%)
Seniors threatened by hunger	91,986 (19%)
Seniors living alone	116,403 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	47,355 (10%)
Seniors that are non-white racial and/or an ethnic minority	5%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	35%
Seniors with a disability	38%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	33%	Hospital readmissions	16%
Total Medicare spending (in billions)	\$4.22		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WEST VIRGINIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	18,869	8,534	27,403
Meals served each year	795,781	1,286,980	2,082,761

OAA CLIENT PROFILE

Live alone	50%	Live in poverty	35%
Live in a rural area	76%	Minority	4%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,838,405	\$2,516,075	\$4,354,480 (31%)
Total Expenditures	\$5,579,967	\$8,509,772	\$14,089,739

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WEST VIRGINIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$1,691	\$1,702	\$3,380

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

