

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN WISCONSIN

## WISCONSIN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,306,739 (23%)
Seniors threatened by hunger	145,048 (11%)
Seniors living alone	339,639 (27%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	95,631 (7%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	28%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	75%	Hospital readmissions	14%
Total Medicare spending (in billions)	\$9.83		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WISCONSIN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	45,455	21,060	66,515
Meals served each year	1,565,818	2,262,692	3,828,510

### OAA CLIENT PROFILE

Live alone	49%	Live in poverty	22%
Live in a rural area	69%	Minority	7%
Women	63%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,295,879	\$6,298,101	\$10,593,980 (32%)
Total Expenditures	\$16,415,456	\$16,963,092	\$33,378,548

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WISCONSIN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,180	\$2,369	\$2,740

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

