

DELIVERING SO MUCH MORE THAN JUST A MEAL IN WYOMING

WYOMING'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	127,098 (22%)
Seniors threatened by hunger	13,981 (11%)
Seniors living alone	30,381 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	12,083 (10%)
Seniors that are non-white racial and/or an ethnic minority	9%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations	45%	Hospital readmissions	14%
Total Medicare spending (in millions)	\$833		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WYOMING ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,117	4,822	21,939
Meals served each year	637,499	534,670	1,172,169

OAA CLIENT PROFILE

Live alone	37%	Live in poverty	22%
Live in a rural area	75%	Minority	4%
Women	60%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,944,646	\$1,532,036	\$3,476,682 (33%)
Total Expenditures	\$6,060,644	\$4,636,794	\$10,697,438

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WYOMING CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of serving a senior Meals on Wheels for an entire year	Cost of 1 day in a hospital	Cost of 10 days in a nursing home
\$2,282	\$1,355	\$2,360

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

