

DELIVERING SO MUCH MORE THAN JUST A MEAL IN FLORIDA

FLORIDA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	5,563,846 (27%)
Seniors threatened by hunger (marginally food insecure)	706,608 (13%)
Seniors at risk of hunger (food insecure)	467,363 (8%)
Seniors facing hunger (very low food secure)	133,532 (2%)
Seniors living alone	1,231,607 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	588,530 (11%)
Seniors that are non-white racial and/or an ethnic minority	28%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	54%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$47.70		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN FLORIDA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	30,727	37,183	67,910
Meals served each year	4,106,204	8,796,488	12,902,692

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	45%	Live in poverty	49%
Live in a rural area	5%	Minority	55%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$16,964,113	\$17,965,612	\$34,929,725 (47%)
Total Expenditures	\$25,718,308	\$48,387,693	\$74,106,001

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN FLORIDA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.80	\$2,102	\$268

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

