

DELIVERING SO MUCH MORE THAN JUST A MEAL IN GEORGIA

GEORGIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,997,562 (19%)
Seniors threatened by hunger (marginally food insecure)	319,610 (16%)
Seniors at risk of hunger (food insecure)	173,788 (9%)
Seniors facing hunger (very low food secure)	67,917 (3%)
Seniors living alone	448,857 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	211,757 (11%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	50%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$15.32		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN GEORGIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	14,958	12,525	27,483
Meals served each year	1,375,507	2,182,608	3,558,115

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	27%	Live in poverty	35%
Live in a rural area	25%	Minority	28%
Women	70%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$7,685,839	\$4,486,306	\$12,172,145 (54%)
Total Expenditures	\$12,594,716	\$9,934,817	\$22,529,533

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN GEORGIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.87	\$1,798	\$209

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

