

DELIVERING SO MUCH MORE THAN JUST A MEAL IN HAWAII

HAWAII'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	344,213 (24%)
Seniors threatened by hunger (marginally food insecure)	31,668 (9%)
Seniors at risk of hunger (food insecure)	15,145 (4%)
Seniors facing hunger (very low food secure)	6,196 (2%)
Seniors living alone	64,588 (19%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	34,422 (10%)
Seniors that are non-white racial and/or an ethnic minority	72%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Hospital readmissions within 30 days*	12%	Total Medicare spending (in billions)	\$2.04
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OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN HAWAII ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	3,119	3,246	6,365
Meals served each year	206,138	472,743	678,881

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	37%	Live in poverty	22%
Live in a rural area	63%	Minority	75%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$994,930	\$1,189,123	\$2,184,053 (40%)
Total Expenditures	\$1,754,889	\$3,689,189	\$5,444,078

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN HAWAII CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.12	\$2,322	\$400

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

