

DELIVERING SO MUCH MORE THAN JUST A MEAL IN ALABAMA

ALABAMA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,117,058 (23%)
Seniors threatened by hunger (marginally food insecure)	189,900 (17%)
Seniors at risk of hunger (food insecure)	116,174 (10%)
Seniors facing hunger (very low food secure)	54,736 (5%)
Seniors living alone	269,572 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	116,998 (11%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	34%
Seniors with a disability	37%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	62%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$9.72		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ALABAMA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	22,031	20,578	42,609
Meals served each year	1,930,321	4,759,211	6,689,532

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	33%	Live in poverty	26%
Live in a rural area	48%	Minority	36%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,250,370	\$5,225,524	\$11,475,894 (30%)
Total Expenditures	\$14,956,894	\$22,676,821	\$37,633,715

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ALABAMA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.77	\$1,554	\$206

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN ALASKA

ALASKA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	127,806 (17%)
Seniors threatened by hunger (marginally food insecure)	15,976 (13%)
Seniors at risk of hunger (food insecure)	7,668 (6%)
Seniors facing hunger (very low food secure)	2,940 (2%)
Seniors living alone	25,944 (20%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	12,029 (10%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	16%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	33%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	36%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in millions)	\$741		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ALASKA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,033	3,398	11,431
Meals served each year	292,594	417,968	710,562

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	35%	Live in poverty	40%
Live in a rural area	76%	Minority	35%
Women	58%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,437,921	\$1,664,615	\$3,102,536 (31%)
Total Expenditures	\$4,981,622	\$5,123,655	\$10,105,277

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ALASKA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.87	\$2,947	\$963

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN ARIZONA

ARIZONA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,612,390 (23%)
Seniors threatened by hunger (marginally food insecure)	237,021 (15%)
Seniors at risk of hunger (food insecure)	145,115 (9%)
Seniors facing hunger (very low food secure)	64,496 (4%)
Seniors living alone	348,778 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	152,411 (10%)
Seniors that are non-white racial and/or an ethnic minority	22%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	23%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	36%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$11.07		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ARIZONA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	25,794	9,108	34,902
Meals served each year	930,721	1,492,342	2,423,063

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	33%	Live in poverty	26%
Live in a rural area	40%	Minority	36%
Women	62%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,276,859	\$5,155,763	\$9,432,622 (79%)
Total Expenditures	\$4,840,042	\$7,046,697	\$11,886,739

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ARIZONA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.94	\$2,641	\$214

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN ARKANSAS

ARKANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	683,277 (23%)
Seniors threatened by hunger (marginally food insecure)	107,274 (16%)
Seniors at risk of hunger (food insecure)	61,495 (9%)
Seniors facing hunger (very low food secure)	19,815 (3%)
Seniors living alone	169,597 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	73,680 (11%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	34%
Seniors with a disability	40%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	62%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$5.54		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ARKANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	21,791	13,932	35,723
Meals served each year	1,319,282	2,076,564	3,395,846

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	48%	Live in poverty	30%
Live in a rural area	57%	Minority	18%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,016,126	\$4,438,145	\$9,454,271 (45%)
Total Expenditures	\$8,842,831	\$12,192,619	\$21,035,450

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ARKANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.87	\$1,765	\$176

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN CALIFORNIA

CALIFORNIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	7,739,280 (20%)
Seniors threatened by hunger (marginally food insecure)	1,068,021 (14%)
Seniors at risk of hunger (food insecure)	650,100 (8%)
Seniors facing hunger (very low food secure)	247,657 (3%)
Seniors living alone	1,559,341 (20%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	790,752 (10%)
Seniors that are non-white racial and/or an ethnic minority	45%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	36%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$64.80		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN CALIFORNIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	164,586	55,243	219,829
Meals served each year	7,173,588	11,021,320	18,194,908

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	40%	Live in poverty	45%
Live in a rural area	13%	Minority	49%
Women	62%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$29,483,874	\$28,368,553	\$57,852,427 (35%)
Total Expenditures	\$82,356,541	\$84,220,395	\$166,576,936

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN CALIFORNIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.91	\$3,441	\$275

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN COLORADO

COLORADO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,109,773 (20%)
Seniors threatened by hunger (marginally food insecure)	73,245 (7%)
Seniors at risk of hunger (food insecure)	35,513 (3%)
Seniors facing hunger (very low food secure)	7,768 (1%)
Seniors living alone	273,658 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	86,918 (8%)
Seniors that are non-white racial and/or an ethnic minority	18%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	19%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	31%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$7.01		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN COLORADO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	16,658	9,357	26,015
Meals served each year	731,900	1,205,998	1,937,898

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	26%
Live in a rural area	28%	Minority	20%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,349,970	\$3,200,322	\$6,550,292 (37%)
Total Expenditures	\$9,099,981	\$8,546,632	\$17,646,613

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN COLORADO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.95	\$2,920	\$259

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN CONNECTICUT

CONNECTICUT'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	840,662 (23%)
Seniors threatened by hunger (marginally food insecure)	112,649 (13%)
Seniors at risk of hunger (food insecure)	60,528 (7%)
Seniors facing hunger (very low food secure)	17,654 (2%)
Seniors living alone	207,675 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	58,189 (7%)
Seniors that are non-white racial and/or an ethnic minority	17%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	25%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	46%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$7.41		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN CONNECTICUT ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	14,652	5,932	20,584
Meals served each year	645,726	1,230,431	1,876,157

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	55%	Live in poverty	15%
Live in a rural area	13%	Minority	21%
Women	66%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,708,013	\$3,667,792	\$7,375,805 (47%)
Total Expenditures	\$7,362,580	\$8,273,831	\$15,636,411

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN CONNECTICUT CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.35	\$2,688	\$415

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN DELAWARE

DELAWARE'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	238,798 (25%)
Seniors threatened by hunger (marginally food insecure)	25,313 (11%)
Seniors at risk of hunger (food insecure)	26,507 (11%)
Seniors facing hunger (very low food secure)	11,224 (5%)
Seniors living alone	50,334 (21%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	22,110 (9%)
Seniors that are non-white racial and/or an ethnic minority	22%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	25%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	47%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$2.00		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN DELAWARE ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	9,412	4,067	13,479
Meals served each year	312,591	685,504	998,095

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	33%	Live in poverty	6%
Live in a rural area	44%	Minority	27%
Women	66%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,468,452	\$1,718,067	\$3,186,519 (53%)
Total Expenditures	\$1,769,552	\$4,283,488	\$6,053,040

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN DELAWARE CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.80	\$3,026	\$345

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



THE DISTRICT OF COLUMBIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	117,223 (17%)
Seniors threatened by hunger (marginally food insecure)	23,562 (20%)
Seniors at risk of hunger (food insecure)	5,627 (5%)
Seniors facing hunger (very low food secure)	3,048 (3%)
Seniors living alone	42,959 (37%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	16,562 (14%)
Seniors that are non-white racial and/or an ethnic minority	66%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	36%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	38%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$1.02		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN THE DISTRICT OF COLUMBIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	5,215	3,218	8,433
Meals served each year	343,111	693,545	1,036,656

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	59%	Live in poverty	18%
Live in a rural area	0%	Minority	93%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,375,899	\$1,097,431	\$3,473,330 (43%)
Total Expenditures	\$4,235,939	\$3,797,431	\$8,033,370

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN THE DISTRICT OF COLUMBIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.81	\$3,053	\$300

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+
 **Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN FLORIDA

FLORIDA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	5,563,846 (27%)
Seniors threatened by hunger (marginally food insecure)	706,608 (13%)
Seniors at risk of hunger (food insecure)	467,363 (8%)
Seniors facing hunger (very low food secure)	133,532 (2%)
Seniors living alone	1,231,607 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	588,530 (11%)
Seniors that are non-white racial and/or an ethnic minority	28%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	54%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$47.70		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN FLORIDA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	30,727	37,183	67,910
Meals served each year	4,106,204	8,796,488	12,902,692

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	45%	Live in poverty	49%
Live in a rural area	5%	Minority	55%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$16,964,113	\$17,965,612	\$34,929,725 (47%)
Total Expenditures	\$25,718,308	\$48,387,693	\$74,106,001

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN FLORIDA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.80	\$2,102	\$268

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN GEORGIA

GEORGIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,997,562 (19%)
Seniors threatened by hunger (marginally food insecure)	319,610 (16%)
Seniors at risk of hunger (food insecure)	173,788 (9%)
Seniors facing hunger (very low food secure)	67,917 (3%)
Seniors living alone	448,857 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	211,757 (11%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	50%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$15.32		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN GEORGIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	14,958	12,525	27,483
Meals served each year	1,375,507	2,182,608	3,558,115

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	27%	Live in poverty	35%
Live in a rural area	25%	Minority	28%
Women	70%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$7,685,839	\$4,486,306	\$12,172,145 (54%)
Total Expenditures	\$12,594,716	\$9,934,817	\$22,529,533

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN GEORGIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.87	\$1,798	\$209

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN HAWAII

HAWAII'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	344,213 (24%)
Seniors threatened by hunger (marginally food insecure)	31,668 (9%)
Seniors at risk of hunger (food insecure)	15,145 (4%)
Seniors facing hunger (very low food secure)	6,196 (2%)
Seniors living alone	64,588 (19%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	34,422 (10%)
Seniors that are non-white racial and/or an ethnic minority	72%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	23%	Hospital readmissions within 30 days*	12%
Total Medicare spending (in billions)	\$2.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN HAWAII ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	3,119	3,246	6,365
Meals served each year	206,138	472,743	678,881

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	37%	Live in poverty	22%
Live in a rural area	63%	Minority	75%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$994,930	\$1,189,123	\$2,184,053 (40%)
Total Expenditures	\$1,754,889	\$3,689,189	\$5,444,078

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN HAWAII CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.12	\$2,322	\$400

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN IDAHO

IDAHO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	368,742 (22%)
Seniors threatened by hunger (marginally food insecure)	29,499 (8%)
Seniors at risk of hunger (food insecure)	12,168 (3%)
Seniors facing hunger (very low food secure)	4,056 (1%)
Seniors living alone	86,250 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	31,113 (9%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	32%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$2.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN IDAHO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,211	3,726	16,937
Meals served each year	449,674	540,456	990,130

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	40%	Live in poverty	21%
Live in a rural area	51%	Minority	6%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,626,120	\$1,751,115	\$3,377,235 (51%)
Total Expenditures	\$3,371,533	\$3,257,553	\$6,629,086

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN IDAHO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.08	\$3,119	\$249

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN ILLINOIS

ILLINOIS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,731,912 (21%)
Seniors threatened by hunger (marginally food insecure)	352,417 (13%)
Seniors at risk of hunger (food insecure)	213,089 (8%)
Seniors facing hunger (very low food secure)	95,617 (4%)
Seniors living alone	699,298 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	237,506 (9%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	55%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$22.52		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN ILLINOIS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	78,779	33,564	112,343
Meals served each year	2,234,898	6,148,011	8,382,909

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	53%	Live in poverty	34%
Live in a rural area	19%	Minority	36%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$11,862,260	\$9,820,975	\$21,683,235 (36%)
Total Expenditures	\$20,731,247	\$39,980,081	\$60,711,328

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN ILLINOIS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.34	\$2,515	\$195

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN INDIANA

INDIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,440,321 (22%)
Seniors threatened by hunger (marginally food insecure)	177,159 (12%)
Seniors at risk of hunger (food insecure)	113,785 (8%)
Seniors facing hunger (very low food secure)	36,008 (3%)
Seniors living alone	358,077 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	116,446 (8%)
Seniors that are non-white racial and/or an ethnic minority	11%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	57%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$12.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN INDIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	15,771	7,020	22,791
Meals served each year	817,872	1,113,200	1,931,072

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	35%	Live in poverty	50%
Live in a rural area	25%	Minority	22%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,067,268	\$4,159,157	\$10,226,425 (55%)
Total Expenditures	\$10,412,296	\$8,148,120	\$18,560,416

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN INDIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.12	\$2,508	\$226

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN IOWA

IOWA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	727,337 (23%)
Seniors threatened by hunger (marginally food insecure)	88,008 (12%)
Seniors at risk of hunger (food insecure)	47,277 (7%)
Seniors facing hunger (very low food secure)	22,547 (3%)
Seniors living alone	184,740 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	50,883 (7%)
Seniors that are non-white racial and/or an ethnic minority	4%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	26%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	49%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$5.22		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN IOWA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	20,648	11,852	32,500
Meals served each year	954,184	1,224,398	2,178,582

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	54%	Live in poverty	41%
Live in a rural area	22%	Minority	4%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,208,280	\$3,897,652	\$8,105,932 (40%)
Total Expenditures	\$9,163,723	\$11,073,071	\$20,236,794

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN IOWA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.10	\$1,558	\$200

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN KANSAS

KANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	629,420 (22%)
Seniors threatened by hunger (marginally food insecure)	78,678 (13%)
Seniors at risk of hunger (food insecure)	59,165 (9%)
Seniors facing hunger (very low food secure)	30,842 (5%)
Seniors living alone	162,683 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	48,189 (8%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	23%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	51%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$4.83		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN KANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	23,402	11,443	34,845
Meals served each year	1,275,866	1,830,704	3,106,570

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	46%	Live in poverty	23%
Live in a rural area	64%	Minority	10%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,951,414	\$2,107,942	\$5,059,356 (27%)
Total Expenditures	\$8,269,102	\$10,464,357	\$18,733,459

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN KANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.14	\$1,787	\$178

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN KENTUCKY

KENTUCKY'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	995,993 (22%)
Seniors threatened by hunger (marginally food insecure)	147,407 (15%)
Seniors at risk of hunger (food insecure)	83,663 (8%)
Seniors facing hunger (very low food secure)	25,896 (3%)
Seniors living alone	251,781 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	109,968 (11%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	36%
Seniors with a disability	37%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	77%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$8.77		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN KENTUCKY ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	14,649	7,867	22,516
Meals served each year	872,551	1,286,723	2,159,274

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	57%	Live in poverty	45%
Live in a rural area	66%	Minority	12%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,215,615	\$5,612,825	\$9,828,440 (60%)
Total Expenditures	\$6,485,496	\$9,871,368	\$16,356,864

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN KENTUCKY CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.88	\$1,950	\$225

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN LOUISIANA

LOUISIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	987,798 (21%)
Seniors threatened by hunger (marginally food insecure)	195,584 (20%)
Seniors at risk of hunger (food insecure)	121,499 (12%)
Seniors facing hunger (very low food secure)	41,488 (4%)
Seniors living alone	260,428 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	127,857 (13%)
Seniors that are non-white racial and/or an ethnic minority	31%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	34%
Seniors with a disability	35%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	66%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$9.12		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN LOUISIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	16,577	19,180	35,757
Meals served each year	1,323,866	3,219,426	4,543,292

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	43%
Live in a rural area	44%	Minority	43%
Women	66%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,962,692	\$3,272,398	\$7,235,090 (23%)
Total Expenditures	\$9,888,295	\$21,945,807	\$31,834,102

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN LOUISIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.78	\$1,956	\$172

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MAINE

MAINE'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	369,485 (28%)
Seniors threatened by hunger (marginally food insecure)	57,270 (16%)
Seniors at risk of hunger (food insecure)	30,667 (8%)
Seniors facing hunger (very low food secure)	12,193 (3%)
Seniors living alone	92,716 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	32,887 (9%)
Seniors that are non-white racial and/or an ethnic minority	2%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	49%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$2.79		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MAINE ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	10,311	4,996	15,307
Meals served each year	247,353	593,483	840,836

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	52%	Live in poverty	47%
Live in a rural area	80%	Minority	5%
Women	62%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,517,396	\$1,657,952	\$3,175,348 (51%)
Total Expenditures	\$2,172,518	\$4,044,756	\$6,217,274

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MAINE CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.27	\$2,357	\$310

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MARYLAND

MARYLAND'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,279,298 (21%)
Seniors threatened by hunger (marginally food insecure)	149,678 (12%)
Seniors at risk of hunger (food insecure)	97,227 (8%)
Seniors facing hunger (very low food secure)	55,010 (4%)
Seniors living alone	287,824 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	103,313 (8%)
Seniors that are non-white racial and/or an ethnic minority	35%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	26%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	47%	Hospital readmissions within 30 days*	N/A
Total Medicare spending (in billions)	\$10.86		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MARYLAND ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	28,549	7,340	35,889
Meals served each year	1,108,671	1,216,207	2,324,878

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	45%	Live in poverty	19%
Live in a rural area	26%	Minority	49%
Women	71%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,461,490	\$4,200,170	\$10,661,660 (63%)
Total Expenditures	\$9,655,351	\$7,171,972	\$16,827,323

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MARYLAND CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.95	\$2,748	\$304

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MASSACHUSETTS

MASSACHUSETTS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,546,569 (23%)
Seniors threatened by hunger (marginally food insecure)	176,309 (11%)
Seniors at risk of hunger (food insecure)	115,993 (8%)
Seniors facing hunger (very low food secure)	35,571 (2%)
Seniors living alone	390,248 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	133,542 (9%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	23%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	54%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$14.15		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MASSACHUSETTS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	27,487	47,597	75,084
Meals served each year	1,512,915	7,747,574	9,260,489

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	46%	Live in poverty	11%
Live in a rural area	5%	Minority	15%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,354,642	\$8,077,695	\$13,432,337 (18%)
Total Expenditures	\$15,846,078	\$57,666,238	\$73,512,316

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MASSACHUSETTS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.06	\$3,016	\$395

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MICHIGAN

MICHIGAN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,342,292 (24%)
Seniors threatened by hunger (marginally food insecure)	295,129 (13%)
Seniors at risk of hunger (food insecure)	178,014 (8%)
Seniors facing hunger (very low food secure)	86,665 (4%)
Seniors living alone	604,911 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	199,835 (9%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	55%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$20.97		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MICHIGAN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	52,659	52,531	105,190
Meals served each year	2,263,010	8,134,095	10,397,105

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	42%	Live in poverty	27%
Live in a rural area	45%	Minority	16%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,759,167	\$15,457,937	\$24,217,104 (47%)
Total Expenditures	\$15,276,655	\$36,425,001	\$51,701,656

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MICHIGAN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.40	\$2,318	\$282

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MINNESOTA

MINNESOTA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,212,067 (22%)
Seniors threatened by hunger (marginally food insecure)	107,874 (9%)
Seniors at risk of hunger (food insecure)	33,938 (3%)
Seniors facing hunger (very low food secure)	16,969 (1%)
Seniors living alone	309,251 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	84,195 (7%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	18%
Seniors with a disability	26%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	37%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$8.80		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MINNESOTA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	36,373	10,146	46,519
Meals served each year	1,464,523	1,513,802	2,978,325

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	18%
Live in a rural area	72%	Minority	8%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,986,366	\$3,657,950	\$9,644,316 (46%)
Total Expenditures	\$12,357,537	\$8,389,569	\$20,747,106

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MINNESOTA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.03	\$2,329	\$300

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MISSISSIPPI

MISSISSIPPI'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	646,044 (22%)
Seniors threatened by hunger (marginally food insecure)	114,350 (18%)
Seniors at risk of hunger (food insecure)	76,233 (12%)
Seniors facing hunger (very low food secure)	25,842 (4%)
Seniors living alone	174,985 (27%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	91,188 (14%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	37%
Seniors with a disability	38%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	70%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$6.05		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MISSISSIPPI ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	4,414	8,800	13,214
Meals served each year	453,287	1,569,790	2,023,077

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	58%
Live in a rural area	83%	Minority	53%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,909,829	\$2,836,880	\$4,746,709 (57%)
Total Expenditures	\$2,196,265	\$6,153,244	\$8,349,509

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MISSISSIPPI CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.71	\$1,349	\$220

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MISSOURI

MISSOURI'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,398,879 (23%)
Seniors threatened by hunger (marginally food insecure)	165,068 (12%)
Seniors at risk of hunger (food insecure)	102,118 (7%)
Seniors facing hunger (very low food secure)	33,573 (2%)
Seniors living alone	346,543 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	124,134 (9%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	33%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	57%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$11.64		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MISSOURI ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	63,258	35,579	98,837
Meals served each year	1,945,252	5,603,357	7,548,609

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	55%	Live in poverty	37%
Live in a rural area	67%	Minority	19%
Women	62%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$7,194,373	\$6,578,013	\$13,772,386 (27%)
Total Expenditures	\$14,452,161	\$36,191,314	\$50,643,475

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MISSOURI CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.35	\$2,274	\$165

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN MONTANA

MONTANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	266,841 (25%)
Seniors threatened by hunger (marginally food insecure)	25,617 (10%)
Seniors at risk of hunger (food insecure)	13,876 (5%)
Seniors facing hunger (very low food secure)	6,404 (2%)
Seniors living alone	66,162 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	20,747 (8%)
Seniors that are non-white racial and/or an ethnic minority	6%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	41%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$1.61		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MONTANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	19,959	7,084	27,043
Meals served each year	1,026,520	777,222	1,803,742

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	26%	Live in poverty	14%
Live in a rural area	47%	Minority	10%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,367,395	\$1,308,113	\$3,675,508 (26%)
Total Expenditures	\$8,062,673	\$5,812,777	\$13,875,450

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MONTANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.52	\$1,070	\$230

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEBRASKA

NEBRASKA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	411,368 (21%)
Seniors threatened by hunger (marginally food insecure)	46,896 (11%)
Seniors at risk of hunger (food insecure)	23,037 (6%)
Seniors facing hunger (very low food secure)	11,518 (3%)
Seniors living alone	109,993 (27%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	25,194 (6%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	48%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$3.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEBRASKA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	18,640	7,431	26,071
Meals served each year	986,794	794,538	1,781,332

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	46%	Live in poverty	18%
Live in a rural area	78%	Minority	6%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,700,021	\$1,234,749	\$3,934,770 (24%)
Total Expenditures	\$10,099,251	\$6,375,437	\$16,474,688

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEBRASKA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.95	\$1,915	\$227

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEVADA

NEVADA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	637,725 (21%)
Seniors threatened by hunger (marginally food insecure)	111,602 (18%)
Seniors at risk of hunger (food insecure)	43,365 (7%)
Seniors facing hunger (very low food secure)	17,856 (3%)
Seniors living alone	136,151 (21%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	56,437 (9%)
Seniors that are non-white racial and/or an ethnic minority	30%
Seniors experiencing falls with injury	8%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	42%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$4.70		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEVADA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,311	8,423	25,734
Meals served each year	603,391	1,549,621	2,153,012

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	42%	Live in poverty	32%
Live in a rural area	44%	Minority	21%
Women	57%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,293,851	\$3,945,583	\$5,239,434 (93%)
Total Expenditures	\$1,525,908	\$4,111,458	\$5,637,366

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEVADA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.17	\$1,985	\$271

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW HAMPSHIRE

NEW HAMPSHIRE'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	334,731 (25%)
Seniors threatened by hunger (marginally food insecure)	35,816 (11%)
Seniors at risk of hunger (food insecure)	19,414 (6%)
Seniors facing hunger (very low food secure)	6,695 (2%)
Seniors living alone	73,919 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	19,270 (6%)
Seniors that are non-white racial and/or an ethnic minority	4%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	16%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	47%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$2.43		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW HAMPSHIRE ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,792	13,798	31,590
Meals served each year	332,113	1,073,851	1,405,964

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	46%	Live in poverty	15%
Live in a rural area	75%	Minority	0%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,961,905	\$2,553,746	\$4,515,651 (31%)
Total Expenditures	\$3,325,563	\$11,288,994	\$14,614,557

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW HAMPSHIRE CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.18	\$2,597	\$340

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW JERSEY

NEW JERSEY'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,982,147 (22%)
Seniors threatened by hunger (marginally food insecure)	194,250 (10%)
Seniors at risk of hunger (food insecure)	105,054 (5%)
Seniors facing hunger (very low food secure)	31,714 (2%)
Seniors living alone	446,429 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	161,596 (8%)
Seniors that are non-white racial and/or an ethnic minority	29%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	26%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	50%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$18.44		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW JERSEY ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	28,259	19,567	47,826
Meals served each year	1,486,836	3,170,432	4,657,268

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	28%
Live in a rural area	0%	Minority	33%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$9,130,801	\$8,792,451	\$17,923,252 (41%)
Total Expenditures	\$18,210,976	\$25,107,307	\$43,318,283

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW JERSEY CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.31	\$2,632	\$350

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW MEXICO

NEW MEXICO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	486,697 (23%)
Seniors threatened by hunger (marginally food insecure)	86,145 (18%)
Seniors at risk of hunger (food insecure)	55,970 (12%)
Seniors facing hunger (very low food secure)	19,468 (4%)
Seniors living alone	124,801 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	63,720 (13%)
Seniors that are non-white racial and/or an ethnic minority	43%
Seniors experiencing falls with injury	14%
Seniors with self-rated health as "fair to poor"	28%
Seniors with a disability	34%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	40%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$3.13		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW MEXICO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	29,599	9,741	39,340
Meals served each year	1,354,331	1,787,787	3,142,118

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	41%	Live in poverty	28%
Live in a rural area	32%	Minority	50%
Women	58%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,384,428	\$2,060,467	\$4,444,895 (21%)
Total Expenditures	\$9,203,715	\$12,390,551	\$21,594,266

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW MEXICO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.83	\$2,617	\$240

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW YORK

NEW YORK'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	4,386,221 (22%)
Seniors threatened by hunger (marginally food insecure)	530,733 (12%)
Seniors at risk of hunger (food insecure)	293,877 (7%)
Seniors facing hunger (very low food secure)	114,042 (3%)
Seniors living alone	1,106,318 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	488,382 (11%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	47%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$39.93		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW YORK ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	187,283	63,481	250,764
Meals served each year	9,619,543	12,875,620	22,495,163

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	43%	Live in poverty	32%
Live in a rural area	14%	Minority	37%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$26,413,066	\$16,718,460	\$43,131,526 (21%)
Total Expenditures	\$106,659,965	\$96,471,391	\$203,131,356

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW YORK CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.49	\$2,729	\$387

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NORTH CAROLINA

NORTH CAROLINA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,262,708 (22%)
Seniors threatened by hunger (marginally food insecure)	402,762 (18%)
Seniors at risk of hunger (food insecure)	237,584 (11%)
Seniors facing hunger (very low food secure)	101,822 (5%)
Seniors living alone	539,182 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	220,817 (10%)
Seniors that are non-white racial and/or an ethnic minority	23%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	49%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$17.64		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NORTH CAROLINA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	23,337	18,635	41,972
Meals served each year	1,623,111	2,863,040	4,486,151

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	48%	Live in poverty	43%
Live in a rural area	44%	Minority	43%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$7,310,081	\$8,121,728	\$15,431,809 (59%)
Total Expenditures	\$10,528,916	\$15,462,602	\$25,991,518

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NORTH CAROLINA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.84	\$2,098	\$229

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN NORTH DAKOTA

NORTH DAKOTA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	159,053 (21%)
Seniors threatened by hunger (marginally food insecure)	13,360 (8%)
Seniors at risk of hunger (food insecure)	5,249 (3%)
Seniors facing hunger (very low food secure)	2,227 (1%)
Seniors living alone	43,697 (27%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	15,553 (10%)
Seniors that are non-white racial and/or an ethnic minority	4%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	49%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$1.11		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NORTH DAKOTA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,691	5,022	18,713
Meals served each year	546,424	536,255	1,082,679

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	21%
Live in a rural area	67%	Minority	5%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,981,162	\$1,681,679	\$3,662,841 (43%)
Total Expenditures	\$4,690,494	\$3,878,107	\$8,568,601

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NORTH DAKOTA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.01	\$1,831	\$363

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN OHIO

OHIO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,718,923 (23%)
Seniors threatened by hunger (marginally food insecure)	350,741 (13%)
Seniors at risk of hunger (food insecure)	212,076 (8%)
Seniors facing hunger (very low food secure)	103,319 (4%)
Seniors living alone	708,012 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	222,797 (8%)
Seniors that are non-white racial and/or an ethnic minority	13%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	57%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$23.27		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OHIO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	45,405	38,829	84,234
Meals served each year	1,811,250	5,795,251	7,606,501

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	52%	Live in poverty	42%
Live in a rural area	39%	Minority	28%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,920,743	\$16,485,742	\$25,406,485 (47%)
Total Expenditures	\$17,007,614	\$37,435,078	\$54,442,692

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OHIO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.37	\$2,733	\$234

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN OKLAHOMA

OKLAHOMA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	837,965 (21%)
Seniors threatened by hunger (marginally food insecure)	131,561 (16%)
Seniors at risk of hunger (food insecure)	76,255 (9%)
Seniors facing hunger (very low food secure)	28,491 (3%)
Seniors living alone	209,987 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	79,624 (10%)
Seniors that are non-white racial and/or an ethnic minority	18%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	29%
Seniors with a disability	39%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	60%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$6.94		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OKLAHOMA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	15,083	9,021	24,104
Meals served each year	1,322,523	1,307,544	2,630,067

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	42%
Live in a rural area	58%	Minority	18%
Women	62%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,325,070	\$3,218,336	\$8,543,406 (51%)
Total Expenditures	\$9,987,197	\$6,926,141	\$16,913,338

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OKLAHOMA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.98	\$1,930	\$153

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN OREGON

OREGON'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	984,171 (24%)
Seniors threatened by hunger (marginally food insecure)	109,243 (11%)
Seniors at risk of hunger (food insecure)	58,066 (6%)
Seniors facing hunger (very low food secure)	18,699 (2%)
Seniors living alone	236,790 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	94,155 (10%)
Seniors that are non-white racial and/or an ethnic minority	10%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	34%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$6.51		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OREGON ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	25,546	13,488	39,034
Meals served each year	763,641	1,674,735	2,438,376

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	36%	Live in poverty	14%
Live in a rural area	29%	Minority	8%
Women	60%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,173,427	\$6,856,079	\$12,029,506 (99%)
Total Expenditures	\$5,218,853	\$6,899,774	\$12,118,627

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OREGON CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.10	\$3,599	\$305

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN PENNSYLVANIA

PENNSYLVANIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	3,153,690 (25%)
Seniors threatened by hunger (marginally food insecure)	463,592 (15%)
Seniors at risk of hunger (food insecure)	179,760 (6%)
Seniors facing hunger (very low food secure)	66,227 (2%)
Seniors living alone	815,935 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	272,055 (9%)
Seniors that are non-white racial and/or an ethnic minority	13%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	52%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$27.99		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN PENNSYLVANIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	64,033	33,708	97,741
Meals served each year	2,990,962	6,107,711	9,098,673

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	26%
Live in a rural area	28%	Minority	20%
Women	69%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$11,919,060	\$28,602,270	\$40,521,330 (56%)
Total Expenditures	\$27,339,529	\$44,815,003	\$72,154,532

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN PENNSYLVANIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.33	\$2,397	\$316

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN RHODE ISLAND

RHODE ISLAND'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	248,772 (24%)
Seniors threatened by hunger (marginally food insecure)	34,579 (14%)
Seniors at risk of hunger (food insecure)	23,882 (10%)
Seniors facing hunger (very low food secure)	13,434 (5%)
Seniors living alone	70,176 (28%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	22,380 (9%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	54%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$2.18		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN RHODE ISLAND ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	5,564	2,156	7,720
Meals served each year	319,576	287,320	606,896

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	51%	Live in poverty	12%
Live in a rural area	3%	Minority	9%
Women	68%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,455,532	\$833,214	\$2,288,746 (61%)
Total Expenditures	\$2,574,854	\$1,176,655	\$3,751,509

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN RHODE ISLAND CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.65	\$2,740	\$290

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH CAROLINA

SOUTH CAROLINA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,191,111 (24%)
Seniors threatened by hunger (marginally food insecure)	188,196 (16%)
Seniors at risk of hunger (food insecure)	110,773 (9%)
Seniors facing hunger (very low food secure)	34,542 (3%)
Seniors living alone	271,472 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	120,986 (10%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	46%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$9.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH CAROLINA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,354	12,164	20,518
Meals served each year	752,665	1,875,002	2,627,667

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	0%	Live in poverty	45%
Live in a rural area	57%	Minority	55%
Women	72%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,049,008	\$7,130,005	\$11,179,013 (60%)
Total Expenditures	\$6,241,505	\$12,362,147	\$18,603,652

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH CAROLINA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.77	\$2,047	\$211

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH DAKOTA

SOUTH DAKOTA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	198,398 (23%)
Seniors threatened by hunger (marginally food insecure)	26,982 (14%)
Seniors at risk of hunger (food insecure)	14,483 (7%)
Seniors facing hunger (very low food secure)	6,349 (3%)
Seniors living alone	51,352 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	14,617 (8%)
Seniors that are non-white racial and/or an ethnic minority	6%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	51%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$1.41		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH DAKOTA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,289	3,110	11,399
Meals served each year	798,205	458,098	1,256,303

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	36%
Live in a rural area	80%	Minority	15%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,634,378	\$1,532,219	\$4,166,597 (49%)
Total Expenditures	\$5,357,658	\$3,098,501	\$8,456,159

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH DAKOTA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.84	\$1,505	\$218

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN TENNESSEE

TENNESSEE'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,498,943 (22%)
Seniors threatened by hunger (marginally food insecure)	218,846 (15%)
Seniors at risk of hunger (food insecure)	131,907 (9%)
Seniors facing hunger (very low food secure)	62,956 (4%)
Seniors living alone	351,917 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	144,432 (10%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	32%
Seniors with a disability	35%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	59%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$12.51		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN TENNESSEE ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,001	8,432	21,433
Meals served each year	857,780	1,366,183	2,223,963

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	55%	Live in poverty	44%
Live in a rural area	46%	Minority	24%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,338,380	\$5,343,890	\$9,682,270 (71%)
Total Expenditures	\$5,291,713	\$8,282,452	\$13,574,165

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN TENNESSEE CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.87	\$1,984	\$210

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN TEXAS

TEXAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	4,956,771 (18%)
Seniors threatened by hunger (marginally food insecure)	887,262 (18%)
Seniors at risk of hunger (food insecure)	520,461 (11%)
Seniors facing hunger (very low food secure)	168,530 (3%)
Seniors living alone	1,041,589 (21%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	531,636 (11%)
Seniors that are non-white racial and/or an ethnic minority	39%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	30%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	53%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$41.82		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN TEXAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	63,424	64,927	128,351
Meals served each year	4,341,900	11,176,836	15,518,736

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	44%	Live in poverty	45%
Live in a rural area	34%	Minority	53%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$15,955,569	\$14,982,440	\$30,938,009 (37%)
Total Expenditures	\$27,668,624	\$55,414,053	\$83,082,677

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN TEXAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.77	\$2,520	\$158

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN UTAH

UTAH'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	477,293 (15%)
Seniors threatened by hunger (marginally food insecure)	49,638 (10%)
Seniors at risk of hunger (food insecure)	30,069 (6%)
Seniors facing hunger (very low food secure)	10,500 (2%)
Seniors living alone	89,658 (19%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	31,227 (7%)
Seniors that are non-white racial and/or an ethnic minority	11%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	29%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	28%	Hospital readmissions within 30 days*	12%
Total Medicare spending (in billions)	\$3.03		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN UTAH ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	21,757	9,516	31,273
Meals served each year	641,573	1,128,944	1,770,517

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	31%	Live in poverty	17%
Live in a rural area	33%	Minority	9%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,522,395	\$2,610,716	\$5,133,111 (37%)
Total Expenditures	\$5,984,333	\$8,041,268	\$14,025,601

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN UTAH CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.99	\$3,026	\$200

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN VERMONT

VERMONT'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	164,201 (26%)
Seniors threatened by hunger (marginally food insecure)	16,913 (10%)
Seniors at risk of hunger (food insecure)	8,867 (5%)
Seniors facing hunger (very low food secure)	3,448 (2%)
Seniors living alone	43,180 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	12,868 (8%)
Seniors that are non-white racial and/or an ethnic minority	3%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	19%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	39%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$1.18		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN VERMONT ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,668	5,845	19,513
Meals served each year	316,726	786,756	1,103,482

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	38%	Live in poverty	20%
Live in a rural area	96%	Minority	7%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,161,930	\$1,486,067	\$2,647,997 (42%)
Total Expenditures	\$2,090,656	\$4,177,165	\$6,267,821

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN VERMONT CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.26	\$2,440	\$312

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN VIRGINIA

VIRGINIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,785,382 (21%)
Seniors threatened by hunger (marginally food insecure)	173,182 (10%)
Seniors at risk of hunger (food insecure)	80,342 (5%)
Seniors facing hunger (very low food secure)	28,566 (2%)
Seniors living alone	395,931 (22%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	137,042 (8%)
Seniors that are non-white racial and/or an ethnic minority	26%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	43%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$12.69		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN VIRGINIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	11,695	10,821	22,516
Meals served each year	671,232	1,974,270	2,645,502

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	48%	Live in poverty	37%
Live in a rural area	32%	Minority	42%
Women	69%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,310,823	\$5,960,492	\$11,271,315 (47%)
Total Expenditures	\$10,128,486	\$13,862,896	\$23,991,382

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN VIRGINIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.74	\$1,953	\$245

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN WASHINGTON

WASHINGTON'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,579,393 (21%)
Seniors threatened by hunger (marginally food insecure)	167,416 (11%)
Seniors at risk of hunger (food insecure)	78,970 (5%)
Seniors facing hunger (very low food secure)	34,747 (2%)
Seniors living alone	360,483 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	127,708 (8%)
Seniors that are non-white racial and/or an ethnic minority	16%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	21%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	33%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$10.31		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WASHINGTON ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	44,647	11,561	56,208
Meals served each year	1,333,260	1,627,076	2,960,336

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	41%	Live in poverty	29%
Live in a rural area	25%	Minority	18%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,562,487	\$5,176,976	\$11,739,463 (75%)
Total Expenditures	\$9,007,120	\$6,554,947	\$15,562,067

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WASHINGTON CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.79	\$3,429	\$285

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN WEST VIRGINIA

WEST VIRGINIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	482,374 (27%)
Seniors threatened by hunger (marginally food insecure)	85,863 (18%)
Seniors at risk of hunger (food insecure)	44,378 (9%)
Seniors facing hunger (very low food secure)	16,401 (3%)
Seniors living alone	122,547 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	55,481 (12%)
Seniors that are non-white racial and/or an ethnic minority	4%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	33%
Seniors with a disability	39%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	75%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$4.22		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WEST VIRGINIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,210	8,865	26,075
Meals served each year	755,186	1,330,439	2,085,625

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	37%
Live in a rural area	77%	Minority	6%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,800,493	\$2,743,486	\$4,543,979 (33%)
Total Expenditures	\$5,107,943	\$8,665,031	\$13,772,974

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WEST VIRGINIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.84	\$1,986	\$338

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN WISCONSIN

WISCONSIN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,341,522 (23%)
Seniors threatened by hunger (marginally food insecure)	136,835 (10%)
Seniors at risk of hunger (food insecure)	64,393 (5%)
Seniors facing hunger (very low food secure)	25,489 (2%)
Seniors living alone	339,936 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	107,002 (8%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	45%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$9.83		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WISCONSIN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	46,260	21,048	67,308
Meals served each year	1,517,474	2,278,468	3,795,942

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	23%
Live in a rural area	67%	Minority	8%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,499,843	\$5,302,865	\$9,802,708 (33%)
Total Expenditures	\$12,631,249	\$17,482,456	\$30,113,705

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WISCONSIN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.16	\$2,501	\$274

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate



DELIVERING SO MUCH MORE THAN JUST A MEAL IN WYOMING

WYOMING'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	131,936 (23%)
Seniors threatened by hunger (marginally food insecure)	15,173 (12%)
Seniors at risk of hunger (food insecure)	9,367 (7%)
Seniors facing hunger (very low food secure)	3,562 (3%)
Seniors living alone	31,614 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	10,621 (9%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	34%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	43%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in millions)	\$833		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WYOMING ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,636	4,779	22,415
Meals served each year	637,069	541,227	1,178,296

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	37%	Live in poverty	21%
Live in a rural area	73%	Minority	5%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,992,232	\$1,567,560	\$3,559,792 (31%)
Total Expenditures	\$6,239,084	\$5,291,646	\$11,530,730

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WYOMING CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.58	\$1,520	\$236

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

