

DELIVERING SO MUCH MORE THAN JUST A MEAL IN IDAHO

IDAHO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	368,742 (22%)
Seniors threatened by hunger (marginally food insecure)	29,499 (8%)
Seniors at risk of hunger (food insecure)	12,168 (3%)
Seniors facing hunger (very low food secure)	4,056 (1%)
Seniors living alone	86,250 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	31,113 (9%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	32%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$2.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN IDAHO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	13,211	3,726	16,937
Meals served each year	449,674	540,456	990,130

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	40%	Live in poverty	21%
Live in a rural area	51%	Minority	6%
Women	61%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,626,120	\$1,751,115	\$3,377,235 (51%)
Total Expenditures	\$3,371,533	\$3,257,553	\$6,629,086

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN IDAHO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.08	\$3,119	\$249

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

