

DELIVERING SO MUCH MORE THAN JUST A MEAL IN INDIANA

INDIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,440,321 (22%)
Seniors threatened by hunger (marginally food insecure)	177,159 (12%)
Seniors at risk of hunger (food insecure)	113,785 (8%)
Seniors facing hunger (very low food secure)	36,008 (3%)
Seniors living alone	358,077 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	116,446 (8%)
Seniors that are non-white racial and/or an ethnic minority	11%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	57%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$12.04		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN INDIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	15,771	7,020	22,791
Meals served each year	817,872	1,113,200	1,931,072

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	35%	Live in poverty	50%
Live in a rural area	25%	Minority	22%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$6,067,268	\$4,159,157	\$10,226,425 (55%)
Total Expenditures	\$10,412,296	\$8,148,120	\$18,560,416

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN INDIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.12	\$2,508	\$226

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

