

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN KANSAS

## KANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	629,420 (22%)
Seniors threatened by hunger (marginally food insecure)	78,678 (13%)
Seniors at risk of hunger (food insecure)	59,165 (9%)
Seniors facing hunger (very low food secure)	30,842 (5%)
Seniors living alone	162,683 (26%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	48,189 (8%)
Seniors that are non-white racial and/or an ethnic minority	12%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	23%
Seniors with a disability	31%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	51%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$4.83		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN KANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	23,402	11,443	34,845
Meals served each year	1,275,866	1,830,704	3,106,570

## PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	46%	Live in poverty	23%
Live in a rural area	64%	Minority	10%
Women	63%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,951,414	\$2,107,942	\$5,059,356 (27%)
Total Expenditures	\$8,269,102	\$10,464,357	\$18,733,459

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN KANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.14	\$1,787	\$178

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

\*Among Medicare enrollees age 65+

\*\*Aggregated inflation-adjusted estimate

