

DELIVERING SO MUCH MORE THAN JUST A MEAL IN LOUISIANA

LOUISIANA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	987,798 (21%)
Seniors threatened by hunger (marginally food insecure)	195,584 (20%)
Seniors at risk of hunger (food insecure)	121,499 (12%)
Seniors facing hunger (very low food secure)	41,488 (4%)
Seniors living alone	260,428 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	127,857 (13%)
Seniors that are non-white racial and/or an ethnic minority	31%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	34%
Seniors with a disability	35%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Hospital readmissions within 30 days*	15%	Total Medicare spending (in billions)	\$9.12
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OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN LOUISIANA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	16,577	19,180	35,757
Meals served each year	1,323,866	3,219,426	4,543,292

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	43%
Live in a rural area	44%	Minority	43%
Women	66%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$3,962,692	\$3,272,398	\$7,235,090 (23%)
Total Expenditures	\$9,888,295	\$21,945,807	\$31,834,102

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN LOUISIANA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.78	\$1,956	\$172

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

