

DELIVERING SO MUCH MORE THAN JUST A MEAL IN MICHIGAN

MICHIGAN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,342,292 (24%)
Seniors threatened by hunger (marginally food insecure)	295,129 (13%)
Seniors at risk of hunger (food insecure)	178,014 (8%)
Seniors facing hunger (very low food secure)	86,665 (4%)
Seniors living alone	604,911 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	199,835 (9%)
Seniors that are non-white racial and/or an ethnic minority	15%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	55%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$20.97		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MICHIGAN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	52,659	52,531	105,190
Meals served each year	2,263,010	8,134,095	10,397,105

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	42%	Live in poverty	27%
Live in a rural area	45%	Minority	16%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,759,167	\$15,457,937	\$24,217,104 (47%)
Total Expenditures	\$15,276,655	\$36,425,001	\$51,701,656

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MICHIGAN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.40	\$2,318	\$282

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

