

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN MISSISSIPPI

## MISSISSIPPI'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	646,044 (22%)
Seniors threatened by hunger (marginally food insecure)	114,350 (18%)
Seniors at risk of hunger (food insecure)	76,233 (12%)
Seniors facing hunger (very low food secure)	25,842 (4%)
Seniors living alone	174,985 (27%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	91,188 (14%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	37%
Seniors with a disability	38%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Hospital readmissions within 30 days*	16%	Total Medicare spending (in billions)	\$6.05
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## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MISSISSIPPI ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	4,414	8,800	13,214
Meals served each year	453,287	1,569,790	2,023,077

## PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	58%
Live in a rural area	83%	Minority	53%
Women	67%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,909,829	\$2,836,880	\$4,746,709 (57%)
Total Expenditures	\$2,196,265	\$6,153,244	\$8,349,509

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MISSISSIPPI CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.71	\$1,349	\$220

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

\*Among Medicare enrollees age 65+

\*\*Aggregated inflation-adjusted estimate

