

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEVADA

NEVADA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	637,725 (21%)
Seniors threatened by hunger (marginally food insecure)	111,602 (18%)
Seniors at risk of hunger (food insecure)	43,365 (7%)
Seniors facing hunger (very low food secure)	17,856 (3%)
Seniors living alone	136,151 (21%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	56,437 (9%)
Seniors that are non-white racial and/or an ethnic minority	30%
Seniors experiencing falls with injury	8%
Seniors with self-rated health as "fair to poor"	26%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	42%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$4.70		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEVADA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,311	8,423	25,734
Meals served each year	603,391	1,549,621	2,153,012

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	42%	Live in poverty	32%
Live in a rural area	44%	Minority	21%
Women	57%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,293,851	\$3,945,583	\$5,239,434 (93%)
Total Expenditures	\$1,525,908	\$4,111,458	\$5,637,366

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEVADA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.17	\$1,985	\$271

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

