

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW YORK

NEW YORK'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	4,386,221 (22%)
Seniors threatened by hunger (marginally food insecure)	530,733 (12%)
Seniors at risk of hunger (food insecure)	293,877 (7%)
Seniors facing hunger (very low food secure)	114,042 (3%)
Seniors living alone	1,106,318 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	488,382 (11%)
Seniors that are non-white racial and/or an ethnic minority	32%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	28%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	47%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$39.93		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW YORK ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	187,283	63,481	250,764
Meals served each year	9,619,543	12,875,620	22,495,163

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	43%	Live in poverty	32%
Live in a rural area	14%	Minority	37%
Women	67%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$26,413,066	\$16,718,460	\$43,131,526 (21%)
Total Expenditures	\$106,659,965	\$96,471,391	\$203,131,356

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW YORK CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.49	\$2,729	\$387

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

